



YOUR GUIDE TO GETTING A JOB

SPECIAL SUPPLEMENT **INSIDE**



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Hospital
bed in a
storeroom

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Karl's tour
of **London**
in his C5

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Poll-winning
pooches to
take a lead

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OUT OF THE DARKNESS: Harlow Council is planning to increase its share of council tax by 1.5 per cent to pay for turning the town's streetlights back on between midnight and 5am

LET THERE BE LIGHT AGAIN!

District to raise council tax by 1.5% in order to switch streetlamps back on through night

Gemma Gardner

gemma.gardner@hertsessexnews.co.uk

STREETLIGHTS across the town are set to be turned back on after Harlow Council agreed to foot the bill.

Areas of the town have been plunged into darkness for five hours every night since March of last year as part of Essex County Council's policy to save money.

But under budget plans revealed this week, the district council's share of council tax will be increased by 1.5 per cent to generate the £100,000 needed to fund the switch-on.

The move is in response to residents' concerns about safety during the midnight to 5am blackout.

Important

Cllr Jon Clempner, leader of the Labour-run district council, told the **Star**: "We know now from petitions, from the budget consultation conducted by the council, from the many conversations we've all had on the doorstep, and from a survey done across Essex last year - which found almost half of residents didn't feel safe at night - that it's really important.

"Clearly we would like Essex County Council to discover that themselves, or take alternative measures like installing LED lights, which would have saved money. But they haven't, and they clearly aren't going to respond to turning the lights back on.

"So it's down to Harlow Council to make a specific response based on the views of the people of Harlow."

County Hall introduced the part-night blackout, which affects more than 70 per cent of streetlights across Essex, to save £6.5million by 2020 and to reduce carbon

■ Turn to page 3

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only in your Harlow Star



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CONTACTS

Editorial



Editor Ken Morley
ken.morley@hertssexnews.co.uk
Post Harlow Star,
The Media Centre,
40 Ware Road,
Hertford SG137HU
Phone News 01992 526556
Sport 01992 526655
e-mail star@hertssexnews.co.uk

Advertising

Advertising sales 01992 526666 / 526625
fax 01992 526686 / 526687 / 526654

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Harlow Council plans to turn street lights back on

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'I wasn't scared until he pulled out the knife...'

Man threatened by burglar during break-in

William Mata

william.mata@hertssexnews.co.uk

A MAN who was threatened with a knife when he confronted a burglar has spoken out about his "shocking" experience.

Keith Piper, 46, of Ladyshot, Harlow, was at home when he saw a white Audi 4x4 vehicle pull up outside the home of his wife's parents - Angelo and Janet Martino - who live opposite.

Knowing they were both out, Mr Piper watched as two men approached the front door of the property.

His suspicions were raised further when only one returned to the car so he went to investigate.

"I walked over to the car and said: 'Excuse me, my mother and

father-in-law are both out'," father-of-two Mr Piper told the Star this week.

"He replied saying: 'No, he's in there talking to her now' so I went inside. The man came downstairs and shouted at me 'Get out of my way or I'll stab you in the chest'.

"He then lunged at me with a knife but I fell backwards and rolled into the kitchen. He then ran off."

Mr Piper said he believed the pair "popped" open the door in order to gain entry to the house. They only had time to steal a jewellery box before they were disturbed.

"It was quite shocking and I've had a few sleepless nights but I suppose I'll get over it," he said. "My in-laws have changed their locks now and installed CCTV

cameras.

"People have told me I was lucky. I was not really scared until he pulled out the knife but even then it wasn't until a couple of days later I was thinking 'Wow, that was close.'"

Mr Piper described the driver of the car as having a blue tear tattoo under his right eye while his accomplice had olive-coloured skin and a goatee-style beard.

He also praised the swift police response after he raised the alarm.

PC Leo Fordham, of Harlow police, said a white 4x4 was seen in the area in the days before the burglary and has appealed for anyone who saw it, or who has information about the break-in, to contact him on the non-emergency 101 number.

Labour leader thanks two heroes of Harlow



TWO community champions from Harlow met Labour Party leader Ed Miliband at a reception in Parliament to honour local heroes.

Rev Robert Findlay, who founded Heart4Harlow, and head of Harlow Foodbank Gary Knott were thanked by Mr Miliband during the reception.

They were invited to the reception by Suzy Stride, Labour's parliamentary candidate for Harlow.

Mr Findlay and Mr Knott were also introduced to shadow secretary of state for work and pensions Rachel Reeves and Labour MP and Oscar-winning actress Glenda Jackson.

Ms Stride said: "It is people like Robert and Gary, and many others across Harlow, who are doing the hard work, day in day out, of changing our community for the better, offering lifelines for people and transforming people's lives.

"It is these people by their small acts who are bringing change not just to Harlow but across the whole country. It was right that Ed praised them for their contribution as local heroes."

Mr Knott said: "It was a really special moment to be thanked for all the work we are doing. I think it is really important that the work of charities and individuals across Harlow is recognised."

School's sinkhole 'warning' creates a buzz

PARENTS dropping off their children at school were left with a sinking feeling after being greeted with a notice warning about a dangerous hazard in the building.

The notice, which was displayed on a board at the entrance to Cooks Spinney Primary School, in Cooks Spinney, Harlow, said adverse weather conditions had caused a sinkhole to appear in the lower hall.

The warning, which was also posted on the school's Twitter feed, had many fooled.

But it turned out there was no need to worry as the sinkhole was in fact a 3D work of floor art created by London advertising firm Media Gang as part of an innovative class project on

natural disasters and journalistic writing.

Head of school Stuart Pope said: "Pupils in Year 3 have been studying natural disasters and we wanted to hold a wow day to bring that to life for them."

"Children and parents alike were caught up in the buzz around school; it really caught everyone's attention which is great."

He added: "This follows our theme of inspiring kids at the start of a new topic."

"It's our new approach as we believe the

curriculum should be led by topics that teach all skills, including research-gathering and fact-finding. It's not necessarily the topic that's important but teaching those life skills."

During a school assembly Manou Bendon, of Media Gang, encouraged the children to consider using their creative skills as a basis of future career for themselves.

"It's been about showing them that whatever their talents are, if they work hard they can achieve."



ON THE EDGE: Pupils get a closer look at the 3D art sinkhole in the lower hall



Man was punched in street assault

POLICE want to trace a group of people who they believe may have witnessed a street robbery in Harlow on Saturday during which a man was punched in the head twice.

The victim was walking along a cycle path near The Stow at about 5pm when he

was approached by one of the two muggers who demanded he hand over his possessions.

When he refused he was hit on the back of his head by a second assailant and then punched in the face by the first. The pair stole the victim's mobile phone, wallet, cash and keys before

running off.

Detective Constable Jo Lanz, of Harlow Police, said: "I am keen to trace a group of around three to five men who were walking along the cycle path at the time as they may have witnessed this robbery."

One of the muggers is described as white, in his mid

to late 20s, 5ft 10ins tall and of medium build with, short dark brown hair. He was wearing a grey zip-up hoodie and jeans.

■ Anyone with any information is asked to contact DC Lanz at Harlow CID on the non-emergency 101 number or Crimestoppers on 0800 555111.

Council earmarks £1m for town centre regeneration

Budget will protect services with no job cuts, says authority

Gemma Gardner

gemma.gardner@hertsexnews.co.uk

A MILLION-POUND fund to kick start the regeneration of the northern end of the town centre has been unveiled by Harlow Council.

The announcement is part of a package of projects revealed in budget papers released yesterday (Wednesday) which also include a proposed council tax increase of 1.5 per cent.

The authority says it will also spend on services such as parks, playgrounds and grass cutting, street cleaning and waste and recycling collections.

Positive

Council leader Jon Clempner said: "We're serious about regeneration of Harlow. There's a really positive future, we're making really good progress on the Enterprise Zone, building the first new council houses in 25 years and the modern homes programme. All those things will make a real positive future for Harlow."

Government spending cuts compounded by rising costs, reduced income and rising demand for services means the council has had to shave £1.5million from its 2015-16 budget.

"Given where we started, which was another cut of around 16 per cent next



NEW LOOK: The northern end of the town centre is earmarked for regeneration

year, and given there's no particular end in sight for that, we're absolutely happy," said Cllr Clempner. "We're protecting services, there are no job cuts and one of the positive things is turning the street lights back on."

In order to meet the shortfall in funding the council is planning to make savings through transferring further discretionary services to the Discretionary Services Fund and reductions in senior management team costs and running expenses.

Chief executive Malcolm Morley has taken partial early retirement, saving £65,000. The council also expects to

receive more income from garden waste collections, planning and commercial property and from the increased use of car parks.

Income from garages rented to non-council tenants will add around £600,000 a year of net income to the general fund budget to protect the future of The Playhouse, paddling pools and Pets' Corner until 2019.

"Giving we've had some big budget cuts we've been able to contain that and start to make some real positive differences," said Cllr Clempner. "I'm pleased we've been able to protect our well-loved services. It may sound a bit

boring but standing still is a really good result and moving on from that it's responding to specific concerns."

Following the council's budget consultation last year, which put parks and green spaces top of residents' concerns, the frequency of grass cutting will be increased under the budget. Four new grass cutting machines will be purchased and 12 more gardeners employed.

Cllr Clempner described the budget measures as "forward-thinking and sustainable".

Pressure

"If you don't raise council tax it's put another £400,000 pressure on the council. It's a modest increase but it's sustainable," he said.

"We're focused on driving those forward as much as we can, looking to the future and in the meantime taking some shorter term decisions about making a positive difference. I'm genuinely optimistic about the way things are going."

Resources portfolio holder Cllr Mike Danvers labelled the budget "populist" because it addressed the concerns of residents.

He said: "At the end of the day you can bury your head in the sand but these cuts aren't going away. There's no point planning for the future if it's all going to fall apart."

1.5% tax hike will pay for streetlights to be switched back on

■ from front page emissions and light pollution.

Last July Labour councillors failed in an attempt to have the policy scrapped until the public were consulted and safety concerns addressed. Harlow Council carried out a review of the lighting policy during its budget consultations last summer.

This week Cllr Clempner acknowledged that a council tax increase may

not please everyone but said turning on streetlights is a "major concern for the community".

"The increase of 7p a week for the average council taxpayer in Harlow will generate £100,000 to cover the cost of the county council turning the streetlights back on," he added.

Responding to a suggestion from Harlow MP Robert Halfon that the council could use the New Homes

Bonus grant it receives from the Government to meet the cost, he said increasing tax to pay for it was more sustainable in the long-term.

Labour parliamentary hopeful Suzy Stride, who presented a 2,000-signature petition to Harlow Council last week, said: "It's six months since I started my campaign to get the lights turned back on in Harlow. During this time Essex County Council has twice

refused to reconsider its decision.

"I have handed a petition into Essex County Council but it was only when I spoke to leader of Harlow Council that things started to move on this."

"Across Harlow people are calling for the lights to be switched back on and for peace of mind to be restored. This switch-off has cost money in the short term and won't even break even for a number of years."

Robert HALFON MP

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Police duty to uphold the law

SIR My respect for Essex Police
has now reached a new low. As
reported in the **Star** a couple of
weeks ago they used a police
helicopter to hunt down a couple
of golf buggy joyriders and yet
won't invest resources in moving
on Travellers.

Despite what the Chief
Constable of Essex, Stephen
Kavanagh, says the police do not
move on Travellers when there
is evidence of criminal damage
and defecation; they do nothing.

I don't want to believe that
this is possibly for politically
correct reasons, of which a
comparison could be made
(although on a much more
serious level) with the child
abusers in Rotherham where
allegations were allowed to go
uninvestigated for fear of the
police being seen to target a
certain section of the
community.

I fear one of the reasons they
sit back and let Essex County
Council or Harlow Council go
through the courts is due to
their own ineptitude. I cannot
believe, that if the police had
gone on to the former Passmores
School within hours of the
Travellers arriving they would
not have found enough evidence
of wrong-doing to move them on
under section 61.

The final insult is that we now
have the Essex Police and Crime
Commissioner stating the police
need a two per cent rise in their
budget for 2015/16. I'd love to pay
them the extra two per cent if
only they'd stop flying around in
their whirlybirds for spurious
reasons and instead uphold the
law for the council tax payers of
this town over the so-called
human rights of non-tax paying,
non-contributory members of
society.

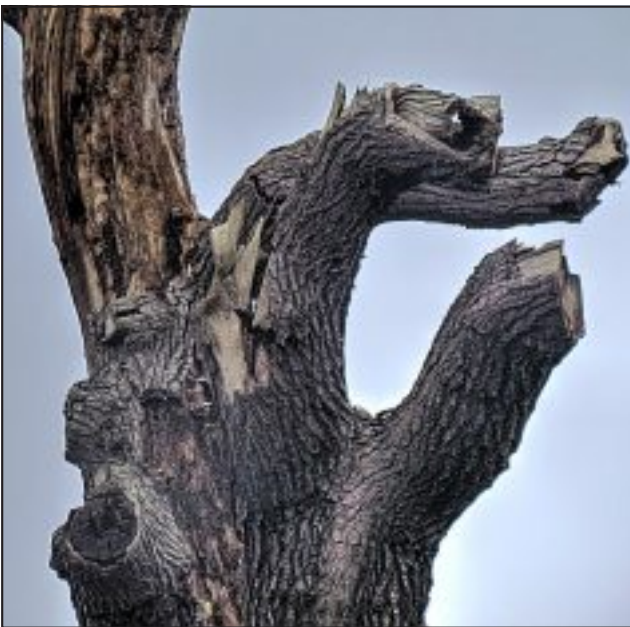
As a footnote, I wonder if
anyone can tell me if it is illegal
to drive a motor vehicle along a
cycle track as when I'm next
stuck in one of the many traffic
gridlocks that now occur in
Harlow I shall be tempted to take
a shortcut.

Luke Montague
Willowfield, Harlow

Privatisation from inside

SIR A lot is being said about the

READER PHOTO OF THE WEEK



■ Reader Steve Pitt, of Seymours, Harlow, sent in this striking photo which was taken by his wife, Susan. "She spotted this dragon in a tree in Fesants Croft and just had to capture its image," he writes. "If you have taken a photo which you would like to be featured in our Photo of the Week section, email a high res copy - along with a description of your photo and details of where and when it was taken - to star@hertssexnews.co.uk. Include your name and address and insert 'Photo of the Week' in the subject line.

every so many days.

In my opinion, considering the
amount of mess dropped by the
residents and visitors of Harlow,
they do a fine job.

Neil Armstrong
address supplied

It's a violation of my privacy

SIR I am writing to highlight a
situation which I believe to be
unjust, unreasonable and totally
contrary to my civil rights.

I have supported my son for
several years now fully as he has
been refused dole money. I have
not asked him for any rent or
monetary contribution to the
home.

He was fined by the
magistrate's court for an offence
relating to a motor vehicle and
due to the fact that he had been
stopped from claiming dole
money he was unable to pay this.
Earlier this month I returned to
my home in Harlow to be
confronted by a bailiff with a
warrant to enter my property
and remove items.

I called the police who
attended my address shortly
after. I was informed that the
bailiff had a legal right to carry
out what I believe to be legalised
burglary.

On this occasion it was a
warrant with my son's name on
it but it could have been a lodger
or an ex-spouse.

I was never charged, stood
trial or found guilty of any crime
yet my home and property was
subject to what I believe to be
violated in the same way I would
feel if my house had been
subjected to a burglary, in my
opinion this is clearly legalised
burglary.

The law gives a total stranger
the right to enter your home and
removed your hard-earned
property. Unless you have a
receipt for these items they will
be sold at auction.

Ask yourself how many of
your items do you have the
receipt available, especially
those out of guarantee?

It is not about the monetary
cost of this, it is mostly about the
violation of one's privacy and the
sanctity of the home.

I ask you this as an innocent
person, where are my civil
rights?

James Michael Gamble
Brocklesmead, Harlow

crisis in the NHS both nationally
and locally.

All sorts of reasons are being
given yet nobody has said the
obvious, that 20 years ago the
Conservative government of the
day brought in the Private
Finance Initiative (PFI) - more
commonly known as
privatisation from inside.

When New Labour took power
in 1997 they carried on with PFI
like a house on fire. They bought
in waiting times and all sorts of
methods that would waste the
time of nursing staff who should
instead have been attending to
patients.

And to make sure that this
was done, they employed
thousands of staff to check the
nurses were doing it right.

The problem was that the
people employed were not
medically trained; they were all
office staff.

In 2010 when the current
government came to power they
continued in the same way, even
starting up clinical
commissioning groups checking

what sort of medicines are given
to patients.

Many years ago we had in this
country institutions called
lunatic asylums which, quite
rightly, were shut down.
Unfortunately it seems many
who resided there now frequent
a place called the House of
Commons.

Les Coben
Rectory Wood, Harlow

Chipping away at the NHS

SIR In the very week that Guy
Mitchinson wrote his letter
about the NHS ('No charge for
excellent care', January 15), just
about every newspaper in the
country ran various stories
showing the NHS heading for
meltdown.

Whether it be waiting times in
A&E, long waits for life-saving
operations or cancer drugs being
withdrawn, the list is endless.

I'm very pleased Mr
Mitchinson received great care

from the NHS but the fact
remains that his party has a
policy of chipping away at the
NHS until it will be left unfit for
purpose.

To quote the great Noam
Chomsky: "It's the standard
technique of privatization -
defund, make sure things don't
work, people get angry, you hand
it over to private capital."

Robert Johnson
Harlow (full address supplied)

Road cleaners do a fine job

SIR Regarding the letter from
Terry Heathfield in the **Star**
(Three people to sweep up',
January 22), if he had waited just
a few minutes longer he would
have most likely seen a
mechanical road sweeper being
the fourth part of this operation
sweeping up the said litter/
detritus up.

This process is what I believe
is called the wave. It goes round
the estates giving a good clean

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ROBERT HALFON MP - WORKING HARD FOR HARLOW

TEN ACHIEVEMENTS SO FAR...

- 1) Fuel Duty cut and frozen
- 2) Stood up against energy companies ripping off residents
- 3) Free school meals for disadvantaged students at Harlow College
- 4) Made Foodbank vouchers available at local Job Centres
- 5) Multi-million pound Harlow Enterprise Zone for local business
- 6) £10m of Government funding for a University Technical College
- 7) 106% increase in Harlow apprenticeships
- 8) Harlow unemployment down by 50%
- 9) Successfully campaigned for NHS car parking concessions
- 10) Helped save Harlow's Lollipop men and women

Sun

"Halfon is a man who has consistently fought for the concerns of hard working Brits..."





Shadow minister's classroom grilling

Passmores students quiz Labour MP Tristram Hunt

William Mata

william.mata@hertsexnews.co.uk

STUDENTS at Passmores Academy put Shadow Education Minister Tristram Hunt MP through his paces when he was asked a series of testing questions during a visit to Harlow yesterday (Wednesday).

Mr Hunt, accompanied by Harlow Labour Parliamentary candidate Suzy Stride, was taken on a tour of the school by headteacher Vic Goddard and introduced to a group of Year 10 citizenship students.

"I was overwhelmed by the passion of the young people and their knowledge of politics" said Mr Hunt. "Here we have a vibrant school with a great headteacher who has an eye on achievement and results."

Quizzed

During the question-and-answer session, Mr Hunt was asked quizzed about teacher strikes, the effect of migration on education and a fall in the number of compulsory hours of P.E.

Student Will Tennison asked the shadow minister whether he thought Labour's plans to merge private and state schooling was to improve education or break down class barriers.

"It's about breaking down educational barriers," Mr Hunt replied. "The issue I have with the education system is that we have isolated schools with facilities



HEAD'S UP: Left to right, Vic Goddard, Tristram Hunt and Suzy Stride and expertise that is not shared. I would like to see more schools working together."

Afterwards Will, who harbours ambitions to be an MP, told the **Star**: "I heard he was coming in and was really excited. I did some research and found out he wanted to bring public and private schools together. I was so impressed with what he said. He really changed my views on the issue."



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Mr Goddard said the visit was "massively successful", adding: "Any opportunity to make politics real for young people is a worthwhile experience. They always ask the most direct questions and these issues really matter to them."

"The Scottish referendum last year showed how powerful the youth vote is. It changed the election."

Ms Stride claimed such debates in schools could become "a thing of the past" under Conservative education policy.

"There has been an ideological shift in education under the Tories and they are going to scrap the practical element of citizenship," she said. "This is happening across the board."

Politicians and business leaders press for a £16bn investment in rail services

POLITICIANS and business leaders joined forces to press the case for £16bn investment in the West Anglia train line at a summit with transport minister Baroness Kramer.

The meeting took place last Tuesday and followed a debate in the House of Commons last month in which two local MPs – Sir Alan Haselhurst and Mark Prisk – argued forcibly about capacity issues on the line between London and Cambridge.

Stansted Airport managing director Andrew Harrison was one of those present to lobby for faster transfers between the airport and the capital and a more robust rail infrastructure for all users.

Sir Alan said afterwards it was made clear to the minister that there was unity of purpose and policy among political parties, business and local authorities

from north to south of the line.

Delegates including Essex County Council deputy leader Cllr Kevin Bentley, London mayor Boris Johnson's adviser Neale Coleman, Transport for London managing director Michele Dix and MPs Dr Julian Huppert (Cambridge) and David Lammy (Tottenham) told the Baroness investment had lagged far behind the growth of passenger demand.

With companies expanding, more homes being built and increasing passenger numbers using the airport, they told her a level of service to meet these interlinked needs could be met only by four-tracking the line between Tottenham Hale and Broxbourne.

Although this involved a high cost – £16bn – they argued it had to be found sooner than later if there was to be any meaning to the

concept of integrated transport.

In response, the minister stressed Network Rail's draft study on rail priorities post-2019 was only a draft and urged the delegation to press its case with the company while keeping the Department for Transport informed.

Sir Alan said after the summit: "I don't want to be over-optimistic but I feel the door has been prised open. We must now marshal our forces to ensure we gain a place in the next investment period."

Harlow MP Robert Halfon, who earlier this month met rail minister Claire Perry to press the case for improvements to services through the town, said he would work hard to make the case for four-tracking of the West Anglia line and for new rolling stock to make journeys more comfortable for passengers.

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Produced by WECCG, November 2014

Union dubs privatisation trend 'nail in NHS coffin'

HARLOW Trade Union Council has condemned the privatisation of the health service in West Essex as "another nail in the NHS coffin".

The TUC says £38m of private contracts were awarded by the West Essex Clinical Commissioning Group last year.

Of that total, private surgical operations with hospitals in Sawbridgeworth and Buckhurst Hill totalled £10m, revealed the CCG at its AGM last year.

A statement from the TUC said: "In the past the NHS used 'bread and butter' operations like hips, knees and cataract surgery to cross-subsidise Accident and Emergency, Intensive Care and other specialist units.

"Every operation that goes to the private sector is a training opportunity lost to NHS junior doctors.

"Every contract that goes to the private sector is just another nail in the NHS coffin.

Complication

"Alarmingly, although private hospitals generally handle operations with a lower risk of complication, there were 802 unexpected deaths and 921 serious injuries in private hospitals between October 2010 and April 2014."

Harlow Ukipp political secretary and Mark Hall by-election candidate Mark Gough hit out at the Labour Party for "saying every other political party wants to privatise it [the NHS]."

But Labour attacks on increasing privatisation in the NHS has led Tory MPs to accuse the party of hypocrisy.

Princess Alexandra 'must apologise personally' insists relative Father is moved into storeroom at crisis hospital

William Mata

william.mata@hertsessexnews.co.uk

A FAMILY wants a personal apology from Princess Alexandra Hospital after a patient was left alone in a storage cupboard over the Christmas period.

Michael Steel, 63, who lives in Peterswood, Harlow, woke up to find he had been wheeled into the cupboard, where he spent the next three days, as the hospital struggled for space.

The father-of-two, who was being treated for an inflamed liver, was frequently disturbed by medics as they came into the cupboard for supplies and felt that he was an "obstacle".

Moved

"They woke him up in the middle of the night and moved him. He thought he was going to be moved to another room, but when he woke the next morning he realised where he was" said Michael's son Tom, 24.

Mr Steel, who lives with his son, was initially admitted to hospital on December 10 suffering with chest pains. After spending nine days in hospital he was discharged, but when pains came back Michael returned to hospital on December 20 where he stayed over Christmas, and was then moved to the stock room.

After the story appeared in the national press the hospital issued an apology to Mr Steel, but his son said it was insufficient.

"They have apologised, but not directly to him. He has not even received his discharge papers, which we are interested to see," he said.

A spokeswoman for the hospital trust said they had approached Mr Steel but he had declined the offer of a meeting. She said a letter would now be sent in apology.

A statement from the hospital released on Thursday said: "The trust leadership team took the decision to use the side room, temporarily, as an additional bed space to enable us to continue admitting and treating emergency patients during a time of extreme clinical pressure.

"We fully accept that this arrangement was far from ideal and not one the trust would consider unless in exceptional circumstances. We would stress that Mr Steel's clinical care was not compromised at any time.

"We apologise unreservedly to Mr Steel and his family and would be happy to meet him and explain in more detail the reasons behind the decision."

Despite his ordeal, Mr Steel has refused to blame the staff at the hospital. "He felt it wasn't the fault of staff; they haven't got any

space and it shows something needs to be done" said his son.

"We are left wondering whether it is worth even bothering to go into hospital any more. It's the same for the doctors, all they seem to do is palm you off."

Converted

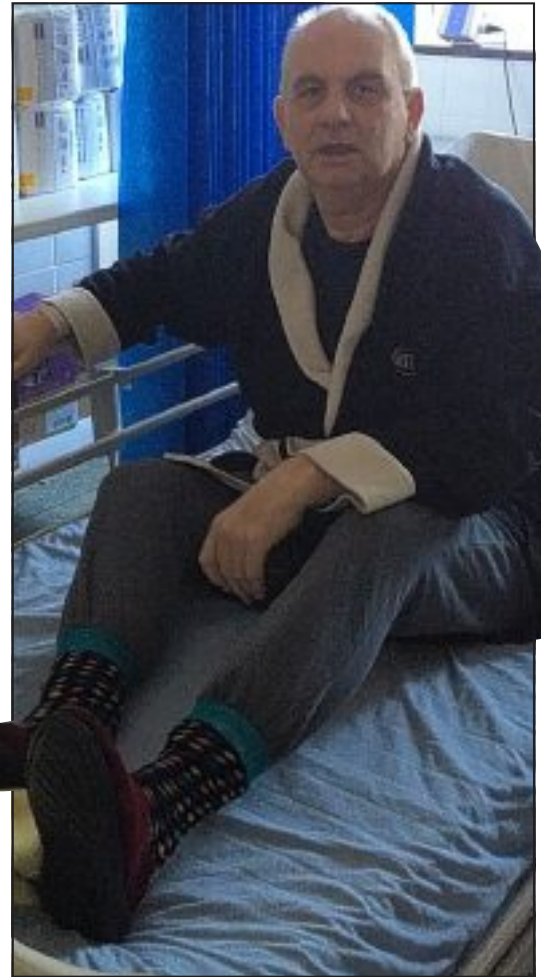
Harlow MP Robert Halfon said: "The hospital has said it will never happen again.

"The room that Mr Steel was in had only partially been converted and now they're going to convert that into a proper bedroom so it will never ever again be used to store things and they're training their staff to make sure that people are not put in inappropriate places."

Suzy Stride, Labour Parliamentary candidate for Harlow, said: "How on earth has it come to this?"

"People in Harlow and patients at PAH need answers as to how this can happen and what steps will be taken to address the root causes of this."

"A Labour government will merge health and social care to be able to deliver care where it is needed at home to relieve pressure on A&E to reduce bed blocking."



MOVED INTO STOCK ROOM: Michael Steel during his stay at PAH



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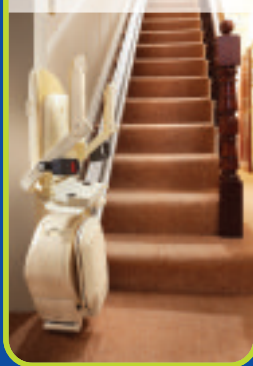
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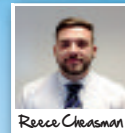
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£4 million cash injection will provide 20 more beds

Government money will help to ease 'unprecedented demand'

Gemma Gardner

gemma.gardner@hertsexnews.co.uk

PRINCESS Alexandra Hospital in Harlow will get an extra 20 beds from next month to help cope with "unprecedented demand" for A&E services.

Conservative MP Robert Halfon met with health bosses at the NHS Trust on Friday after a patient was kept in a storage cupboard as staff struggled to find space.

Mr Halfon told the **Star** that the trust is taking measures to deal with the extreme pressures it has faced recently and 20 new beds will be introduced over the next two months. Some patients may also be relocated to other medical facilities in the town.

Meet

"I was keen to meet with the chief executive and I was also with a representative of the trade union, who was at the meeting," Mr Halfon explained.

"What they said to me is that they are going to use the £4m that the Government has given to help the A&E in Harlow to have an extra 10 beds in the hospital in February and an extra 10 beds in March.

"They are also looking to work with the local doctors, the [West Essex Clinical] commissioning



UNDER PRESSURE: The Princess Alexandra Hospital in Harlow

group, to try and release 40 beds in a building known as Sydenham House [in Long Ley].

"Apparently there are 40 beds there being unused and if we can help in that way there won't be so much 'bed-blocking' which is one of the reasons we have the prob-

lems we have in the A&E. There is going to be extra investment in beds and looking at other solutions in other parts of Harlow for recovery."

Figures show that the PAH is one of the busiest hospitals in the country, with significantly more

patients per bed than much bigger hospitals. The number of ambulances taking patients to the A&E has also increased.

Two years ago, an average of 45 ambulances per day transported patients to the emergency department, it is now an average of 75.

Over Christmas, this peaked at more than 90 ambulances every day. PAH has confirmed that one-in-five of these ambulances are coming from outside the area.

The Government has pledged £4m to help the A&E earlier this month and it will be used to fund the extra beds.

Mr Halfon said: "[This is] extra money on top of what the hospital already gets and comes on top of an extra £5m which was given to us last year by the Government.

Lobby

"Of course we could always want more money and I will do my best to lobby for it in Parliament. But money is coming in; it's not going to solve the problems overnight because we have more people coming in the A&E in Harlow than almost anywhere in England and so there are longer term problems that we need to look at to understand why that is the case.

"The hospital treats many thousand patients a day and the vast majority of them have an incredible service. I think the hospital will learn from this but the thing is we're going to have extra beds, extra investment in the hospital and they're doing their best to improve the physical A&E situation and hopefully such a thing will never happen again."

Not sure? Ring 111

RESIDENTS are reminded that NHS 111 remains the best way to access the right service for when you need medical help fast.

Excessively high attendance at Princess Alexandra Hospital's emergency department over the Christmas and New Year has prompted West Essex Clinical Commissioning Group (CCG) and hospital bosses to remind people the importance of choosing the right service for their needs.

They say A&E is not, and never has been, for non-urgent treatment and it is crucial that people consider where to get the care they need.

Alternatives include managing your symptoms at home where possible, calling NHS 111 or asking your pharmacist for advice.

NHS 111 is free to call from mobiles and landlines.

When you call 111, trained advisers supported by GPs and experienced nurses will assess your symptoms before providing support on managing your illness at home or directing you to the right service.

Clare Morris, chief officer at West Essex CCG said: "With demand across services likely to remain high, we again remind people to choose the right service and to call NHS 111 if you are unsure.

"More people than ever before are using NHS 111 in west Essex meaning they are receiving the care they need, fast, without the need to visit their GP or emergency department."

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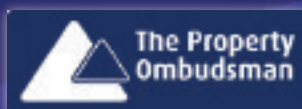


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Boat show fundraisers donate £25k to PAH cancer trials charity

THE breast cancer clinical trials unit at Princess Alexandra Hospital in Harlow and St Margaret's Hospital at Epping has received a £25,000 boost.

Fundraisers at the Sunseeker London Group raised the money by a holding a pink drinks reception for more than 80 guests at the London Boat Show held at the ExCel London.

During the reception TV weathergirl Sian Lloyd introduced a performance by the 25-voice ACM Gospel Choir.

Sunseeker London, which has supported the PAH charity for several years, also organised a silent auction and raffle to boost funds. It was supported by shipping providers Peters & May, which runs a Pink Lashings fundraising initiative in aid of BCCT (Breast Cancer Clinical

Trials) with boat owners donating money to pay for pink straps to secure their yacht during delivery and the company matching their donation.

Among those at the reception was surgeon Ashraf Patel, associate specialist in breast surgery at PAH. He said: "We've always known how lucky we are that the Sunseeker London Group supports our charity and the London Boat Show has just emphasised it for me.

"Many thanks to everyone who donated money to BCCT at the London Boat Show and to Sunseeker London and Peters & May for their continued support. It was a great evening and it raised awareness and funds for specialist clinical trials equipment."



IN THE PINK: PAH surgeon Dr Ashraf Patel, fifth left, with Sian Lloyd and other reception guests

Thousands of fake trainers seized by trading standards

A CONSIGNMENT of thousands of pairs of fake Nike trainers destined for the UK market have been intercepted by Essex Trading Standards officers.

The counterfeit shoes, with an estimated street value of £250,000, were discovered in a trailer at Harwich by officers of the UK Border Force, who contacted the trading standards team.

All 10,000 pairs, which had arrived in the UK from Latvia, were seized for destruction. If the footwear had been genuine the loss to the trademark holder could have been as high as £800,000.

Cllr Roger Walters, Essex County Council's lead for trading standards, said: "Counterfeit goods are never worth the money for consumers. There are no guarantees and no assurances their production meets safety guidelines."

Public urged to voice views on health strategy

CCG to hold meetings on 5-year care plan

A FIVE-year plan for the provision of health services throughout West Essex, including Harlow, has been drawn up following an extensive programme of public consultation.

West Essex Clinical Commissioning Group embarked on the *My Health, My Future, My Say* initiative at the end of 2013.

Feedback from the consultation has been used to help compile a strategic plan for 2015-20 which will be presented at a number of follow-up meetings next month.

Harlow GP Dr Rob Gerlis, who is chairman of West Essex CCG, said: "It's not only important for us to listen to our local communities, we also need to act on what we're hearing.

"This is our chance to show local people that the things they told us during part one of *My Health, My Future, My Say* have been taken into account, have informed our decision-making over the last year and will con-

Where and when

- February 2: Harlow Leisurezone, Harlow
 - February 5: Salvation Army, Saffron Walden
 - February 9: Waltham Abbey Town Hall
 - February 12: The Maltings, Dunmow
 - February 26: St John's Hall, Epping
- All meetings will be held from 7-9pm

tinue to inform the way we commission services in the future.

"We want people to feel confident that they can influence the services that will affect them, their friends and family now and in the years to come, as well as challenge us when they feel services aren't meeting their needs."

West Essex CCG chief officer

Clare Morris said: "One of the areas we've been working hard on is the joining up of health and social care services in west Essex.

"Whilst progress still needs to be made, the CCG has taken great strides towards achieving an integrated health and care system in the area and will continue to work closely with local partner organisations in order to realise this in the future.

"Naturally the engagement process doesn't stop here. The NHS belongs to the people and so everything we do must reflect local people's needs."

A panel of senior health and social care representatives from the CCG and partner organisations, including Essex County Council and Harlow's Princess Alexandra Hospital, will be present at each event and the public will have the opportunity to ask questions and find out more about local NHS services.

New website providing abuse victims with access to local support services

VICTIMS of domestic abuse in Essex are being urged to use a new website which provides a postcode-based service giving them direct access to support, information and advice.

The Essex Victims Gateway was launched by county police and crime commissioner Nick Alston on Monday.

People visiting the site will be able to access details of local support groups for victims of crimes ranging from rape to anti-social behaviour by typing in their postcode.

Mr Alston said: "It's been designed to enable people to rapidly find the information and expertise they need."

Joining Mr Alston at the launch was Jan Dalrymple, chief executive of the Harlow-based domestic abuse charity Safer Places.



LAUNCH: Jan Dalrymple, Nick Alston and Victim Support divisional manager Heather Robbie

She said: "I'm delighted the website has been pitched at victims whether or not they want to report a potential crime to the police.

"Many victims do not want to report a crime and do not know where to turn. The Essex Victims Gateway gives access for those hidden victims to receive support from specialist agencies."

Mrs Dalrymple gave as an example a person who, faced with the situation of living with a partner showing early signs of dementia and becoming violent, may not want to go straight to the police.

"Rather they want to have a confidential conversation about the options and support available to them," she said.

"Sometimes we, the specialist agencies, may support victims to go to the police and report a crime but sometimes we can support them without needing to involve the criminal justice system.

"Victims frequently say to Safer Places they didn't know where to go for help. I'm confident the Essex Victims Gateway will help address those needs."

To access the website visit www.essex.pcc.police.uk/supporting-victims.

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Pair face the music after contravening noise orders

TWO people who breached noise abatement orders served by Harlow Council have been fined and had their stereo equipment forfeited.

In separate cases, Sarah Cullen, of Hookfield, Harlow, pleaded guilty to two offences and Kelvin Morris, of The Fortunes, Harlow, to four.

Cullen admitted twice contravening a notice served by Harlow Council on August 26 last year. She was fined £110 with £420 costs.

Sarah Bradford, representing the council, told Chelmsford Magistrates Court the notice served on Cullen limited her playing amplified music and also sought to stop any shouting and banging.

On September 15 heavy bass music was audible in the street 75 feet away at lunchtime which made conversation impossible inside the house. Three weeks later neighbours complained after Cullen played loud bass music at 10.30pm.

Alone

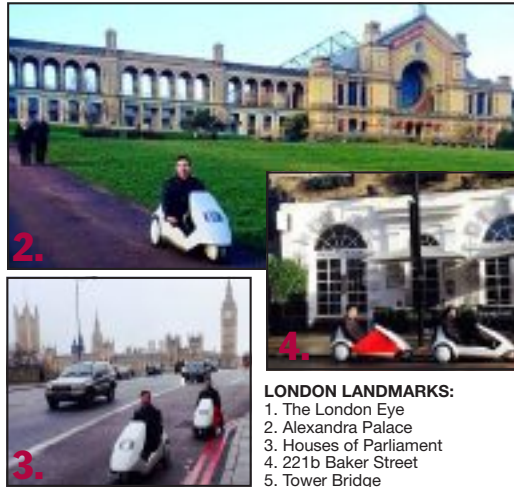
Andrew Clowser, representing Cullen, said she lived alone in the house and did not work. He said she had difficulty reading and probably had not understood the abatement notice when it was served.

In the case of Morris, Mrs Bradford said he was served with a notice on July 16. On September 22 loud music, shouting and swearing could be heard coming from his flat at 10.30pm.

There were three further incidents when the notice was breached – on September 29, September 30 and October 8.

Morris pleaded guilty by letter and was fined £400 with £1,108.48 costs.

He asked the magistrates for the sound system to be returned to him as it had previously belonged to his sister who had died and he wanted to give it to his mother. However, his request was refused.



LONDON LANDMARKS:

1. The London Eye
2. Alexandra Palace
3. Houses of Parliament
4. 221b Baker Street
5. Tower Bridge

Karl powers up his C5 for a capital adventure

Musician takes his Sinclair three-wheeler on tour of London landmarks

William Mata

william.mata@hertsessexnews.co.uk

A SINCLAIR C5 enthusiast from Harlow tackled steep inclines, braved freezing weather conditions and overcame faulty mechanics during the course of his epic tour of London in the battery powered tricycle.

Karl Heard, 44, of Potters Field, toured round the capital to celebrate the 30th anniversary of the distinctive battery-powered three-wheeler.

As reported in last week's *Star*, professional musician Mr Heard has been a fan of the vehicle since the day his father bought one soon after they were launched back in 1985.

Driven by a tiny 12-volt battery combined with pedal power, the C5 is capable of a top speed of 15mph and can only cover a distance of about 20 miles before it needs recharging.

Setting off from Harlow at 7am on Saturday with the C5 in the back of a van, Mr



FLASHBACK: Last week's *Star* article

Heard met up with fellow C5 fanatic Howard Rose for the tour of some of London's best-known landmarks, starting from Tower Bridge.

The pair, who met through Twitter, then journeyed round 10 famous landmarks including the London Eye, Big Ben, Buckingham Palace, Oxford Street and Pic-

cadilly Circus before finishing at Alexandra Palace, which hosted the official launch of the C5 30 years ago this month.

"We got mobbed everywhere we went," said Mr Heard. "People just loved seeing us in the C5s and we had to keep stopping so people could take photos. Mothers even wanted their babies to be photographed sitting in a C5."

"We drove past Buckingham Palace but couldn't stop as security blocked our way to the gates so we headed on up to Oxford Street."

The pair endured sub-zero temperatures and wet weather but nearly came a cropper when the C5s mechanics began to show their age.

"Coming down Piccadilly Circus my battery must have died or something as I had no power," said Mr Heard. "I patched up some loose wiring and decided to use my electric power sparingly."

However, as they started the long ascent to the top of Alexandra Palace, the battery

finally gave up. Finding the gradient impossible to pedal against, he was saved by some young lads who offered to push him to the summit.

The drama did not end once they had reached the top as, once there, they were faced with the daunting prospect of making the descent.

"Howard thought it was too steep to drive straight down and so he drove down to halfway and then walked. Having had to peddle for almost a third of the trip and with my leg muscles burning, I decided to drive straight down."

"And down I went, faster than any C5 was ever meant to go! Towards the bottom I could see I would run out of road before I could stop and would crash so I decided to veer off across the grass and then suddenly I came to a halt in a puddle of mud."

"I guess I gave the crowd their money's worth."

The tour took seven hours. "The whole experience was amazing, it was a day I'll never forget," said Mr Heard.

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£160k grant enables transport scheme to regain independence

A COMMUNITY transport scheme will break free from county council control after receiving a £160,000 grant.

Epping Forest Community Transport, which is used by up to 3,000 people every month, provides a lifeline to many residents who are otherwise unable to travel.

The money awarded by Essex County Council will be used to cover business start-up costs and to replace ageing vehicles.

EFCT co-ordinator Angela Canham said: "Gaining our independence is fantastic news. It gives us a range of financial freedoms that will ultimately benefit our users."

"The funding for the replacement buses will make a huge difference. Some of our vehicles were very old and we had to refuse to pick up some passengers. These two new fully accessible vehicles mean we can offer a full service again."

EFCT will regain its independence from council control after having been taken over in 2011 for business reasons.

Rodney Bass, Essex County Council's cabinet member for highways and transportation, said: "I am very pleased that by providing funding to help this incredibly important community transport operator we are effectively ensuring 35,000 journeys a year are safeguarded."

"Epping Forest Community Transport can now have access to a range of charitable funding it was previously denied access to."



GOING, GOING, GOONER: Gary Sampson and Toni Wright with the shirt he auctioned to raise funds for the Williams Day Unit at PAH

Gunners fan Gary auctions signed shirt for cancer unit

A FOOTBALL fan has raised more than £800 for the cancer unit at Harlow's Princess Alexandra Hospital by auctioning a signed Arsenal shirt.

Gary Sampson wanted to show his appreciation for the care he received when he was treated in the Williams Day Unit.

His wife, Mary, who works for Arsenal, was given the shirt after she mentioned her husband's condition and treatment.

The prized item went under the hammer at a fundraising event in November and raised £825.

"I was so pleased the shirt brought in a large sum of money as I really wanted to do something nice for the unit," said Mr Sampson, who lives in Waltham Abbey.

"They helped me so much when I was receiving treatment so it was good to give something back."

In addition to the money raised from the shirt, a close friend of the family – Rick Geary – donated the £757 he raised in sponsorship by taking part in a 'dry October' challenge.

The Williams Day Unit offers a range of services for people with cancer as well as non-cancer services such as blood transfusions for patients with chronic anaemia.

Toni Wright, PAH's matron for clinical support services, said: "We are so grateful to everyone who supports the unit. By purchasing new equipment we can help make cancer treatment easier for patients, and overall improve their hospital experience."

MP promises change during charity visit

Government accused of squeezing the voluntary sector

William Mata

william.mata@hertsexnews.co.uk

LABOUR MP Lisa Nandy pledged greater support to Harlow charities as the pre-election battle heats up.

During her visit to the town last Tuesday the Shadow Minister for Civil Society praised Harlow's volunteering spirit and said more help would be offered if Labour win the General Election in May.

Ms Nandy, who is MP for Wigan, took part in a question-and-answer session with representatives of several Harlow-based charities.

"Under the current government charities have really been squeezed over the past few years," she said. "We have to find new ways for the voluntary sector to have a voice."

The meeting at Harlow Leisurezone attracted members from charities – including the Community Foundation, Homestart and Calm Centre – who quizzed her on what any future reforms could mean for them.

As a former employee of The Children's Society, Ms Nandy voiced her annoyance with the Government's Lobbying Act which she described as a "dreadful piece of legislation" which did nothing to stop lobbying but pen-



CHARITABLE: Representatives of Harlow charities meet Labour MP Lisa Nandy and Suzy Stride, centre

alised charities."

Ms Nandy said a Labour government would re-instate the compact system, which ran until 2010 and gave more powers to charities, although Jackie Sully, director of Rainbow Services, questioned whether the policy

would "have enough bite" to make a real difference.

Ms Nandy said: "The current government made a mistake in giving money to large organisations but neglecting the smaller ones who can make a big difference in communities."

Ms Nandy was accompanied on her visit to the town by Suzy Stride, Labour's parliamentary candidate for Harlow.

Before the meeting the pair met a group of elderly residents over coffee at Potter Street Baptist Church.

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High praise from Dimbleby after Harlow College hosts Any Questions?

AN invited audience of more than 100 people was treated to some lively political debate when the Radio 4 programme Any Questions? was broadcast live from Harlow College.

Panel chairman Jonathan Dimbleby presented the show from the college's GlassBox Theatre.

The five guest panellists – prospective parliamentary candidates Victoria Ayling (UKIP), Jillian Creasey (Green Party), Maajid Nawaz (Liberal Democrats), Sir Keir Starmer (Labour) and Tom Tugendhat (Conservative) – answered questions from the audience on subjects including the

terrorist attacks in Paris, the crisis in hospital A&E departments and televised General Election debates.

The programme makers were invited to the college by Neil Silver, senior tutor in HE Journalism and Media at the University Centre Harlow, as part of the celebrations to mark 50 years of the college's journalism school.

Afterwards, Mr Dimbleby said: "It's terrific to be here to celebrate 50 years of this great college.

"It's got a long tradition and lots of successful journalists have emerged from this journalism school and it was a lively audience."



LIVE BROADCAST: Harlow College played host to BBC Radio 4's Any Questions?

Police staff set to strike in pay dispute unless deal is reached

UNISON police staff members employed by the Essex constabulary are due to join colleagues across England and Wales in a 24-hour strike tomorrow (Friday) over pay.

The industrial action is planned to start at 7pm unless a pay deal can be reached with employers.

This would be followed by a month of action short of a strike.

UNISON members in the police service work in jobs such as 999 call takers, police community support officers, scenes of crime officers, fingerprint experts, financial investigators, detention officers, crime reduction officers, crime analysts, enquiry desk officers, trainers, criminal justice clerks, and a range of operational and organisational support roles.

An initial strike over a one per cent pay increase – which was planned for December 22, last year – was suspended to allow further negotiations between the union and the employers. A month-long ban on voluntary overtime was also withdrawn.

UNISON national officer Ben Priestley said: "Industrial action is a last resort and the initial talks with the employers were encouraging.

"We are hopeful that we can resolve the dispute and avoid any disruption.

"The rules around industrial action mean we have had to call another strike day to ensure we are still able to take strike action should the talks break down."

Driver admits abusing warden in permit row

Court Reporter

star@hertsessexnews.co.uk

A MAN who swore at a traffic warden and called her a "dyke" when he thought he was going to get a parking ticket has been ordered to carry out 100 hours of unpaid work.

Yucel Ahmet, 44, of Carters Mead, was also ordered to pay £100 compensation to the warden he verbally abused.

Ahmet pleaded guilty at Chelmsford Magistrates Court to using threatening words and behaviour on October 30 last year.

The court heard the outburst happened after Ahmet had left his car in Little Grove Field, Harlow, to collect a parking permit from the house of a friend. When he returned to his vehicle he saw the enforcement officer taking photographs of the vehicle.

Prosecutor Kathy Wilson said the defendant told the warden she was a "fxxxxx dyke" and also made a comment about her "getting her head kicked in".

Lauren Bond, representing Ahmet, said in mitigation: "He had a discussion with the warden the day before while visiting the friend he regularly goes to see and she

told him he must have a ticket. He said he was just leaving and she said people have five minutes before a ticket is given.

"The following day he went back and, needing to collect a permit, he went to the house of his friend who began to write out a permit. He noticed a ticket was being written out by the officer and he ran out.

"He told her he had a permit and he had been there less than five minutes."

Ms Bond said the warden had been ignoring what he was saying and had been walking around the car taking lots of photographs.

She continued: "His comments about her

getting her head kicked in were not a threat. It was 'if you behave like this in this area you're going to get your head kicked in'. It was not a threat to her but in relation to the area.

"He absolutely regrets what he's done and apologises to the court and to her. His behaviour was wholly inappropriate."

Passing sentence, chair of the bench Linda Rolfe told Ahmet: "This was a prolonged verbal assault containing homophobic comments and intimidation which affected the victim."

Ahmet was also ordered to pay £85 costs and a £60 victim surcharge.

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£8360	£4966	£10338.35	6.9%

Includes £500 part exchange allowance. Excess mileage charged at 9p per mile. Based on 5,000 miles per annum. Price includes Partners Discount.

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£149	£149.73	£500	£500	£10921
AMOUNT OF CREDIT	OPTIONAL FINAL PAYMENT (GMFV)	TOTAL AMOUNT PAYABLE	APR	
£9772	£5170	£11559.55	2.9%	

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RANGERS CLUB



The **only** way is up!

TWO daredevil rock climbers have completed an incredible challenge and set a new record by climbing a 900-metre high rock face in America.

What made it so special was that Tommy Caldwell and Kevin Jorgeson were the first to complete the climb using just their hands and feet instead of pulling themselves up on ropes.

Starting two days after Christmas Day, it took them more than two weeks as they gradually inched their way to the top of the granite rock called El Capitan, which is located in Yosemite National Park in California.

During the climb the pair slept in tents suspended from the rock face.

Although it is not the first time El Capitan has been climbed, it

has never previously been done without specialist rock climbing equipment.

In fact the only ropes the two climbers used were safety lines in case they fell.

After hauling themselves to the summit they celebrated their fantastic achievement with an emotional hug.

Later, Caldwell told reporters: "We've been working up to this for a long time. It's a really incredible feeling actually."



RANGERS fact file



- **NAME:** Rose (member 1239)
- **ADDRESS:** The Hides, Harlow
- **BIRTHDAY:** February 26, 2007
- **SCHOOL:** The Downs Primary
- **LIKES:** Harry Potter, fairies, My Little Pony
- **DISLIKES:** Going to bed
- **FAVOURITE FOOD:** Cheesy pasta
- **FAVOURITE BOOK:** Harry Potter and The Chamber of Secrets by J.K. Rowling
- **FAVOURITE FILM:** Harry Potter and The Prisoner of Azkaban
- **FAMILY:** Sister, Leia (5)
- **PETS:** A cat called Daisy
- **WANTS TO BE:** A vet



Happy Birthday

Thursday

Amelia (member 674), of Rundells, Harlow, is 10. **Lucy** (member 874), of Potter Street, Harlow, is 8.

Saturday

Teddy (member 733), of Spring Hills, Harlow, and **Freddie**, (member 1021), of Kingsland, Harlow, are both 11.

Monday

Connor (member 580), of Collins Meadow, Harlow, is 12 and leaves Rangers. **Lucy** (member 879), of Blackbush Spring, Harlow, is 11. **Georgia** (member 1231), of Kingsland, Harlow, is 9.

Tuesday

Holly (member 905), of Rectory Wood, Harlow, is 12 and leaves Rangers. **Harrison** (member 672), of Milwards, Harlow, is 11.

Wednesday

Harrison (member 1226), of Canons Brook, Harlow, is 9.

Thursday

Dexter (member 1254), of Bushey Croft, Harlow, is 4.

SECRET MESSAGE: Jrl qab'g zaebgovbf tug payq vb gru jvbguh? Nupofu grul juoh fbajpocf

Rent agency boss admits he pocketed clients' cash

Used money to try to save business

Court reporter

star@hertsessexnews.co.uk

THE former director of Harlow-based house lettings agency who cheated his clients out of thousands of pounds of clients' money before the business collapsed has been spared jail.

Instead Sanjit Alangh, 26, formerly of Tempest Mead, North Weald but now living in Slough, was given a 12-month sentence suspended for two years when he appeared at Chelmsford Crown Court on Thursday.

He was also ordered to carry out 120 hours unpaid work and pay £11,005 compensation within 28 days and £5,000 costs at the rate of £100 a week.

Alangh pleaded guilty to nine offences of acting as a director of Rent Team Ltd and engaging in unfair commercial practice between November 12, 2011 and April 15, 2013 and one offence of fraudulent trading between November 12, 2011 and June 21, 2013.

Nine other offences of fraud by abuse of position, which Alangh denied, were not proceeded with and he was formally found not guilty of those.

Payments

Lee Wilcockson, prosecuting on behalf of Essex County Council Trading Standards, told the court Alangh was a director of the Rent Team, which had an office in West Gate, since May 2009. The firm received deposits and rent payments but did not deal with them under the protected deposit scheme.

"Rents were at risk and landlords didn't receive payment," said Mr Wilcockson.

Sarah Steggle, representing Alangh, said in mitigation: "He was in a position of trust but he got into financial difficulties. Effectively the deposits were meant to go from the business account to another account but the first was overdrawn and they were swallowed up."

"He's 26, he went to college to study business and worked at a letting agent in Grays before starting up in Harlow. He accepts he was too young and naive to manage that business. He couldn't manage it without getting into trouble."



GUILTY: Sanjit Alangh outside court

"Having been made bankrupt, he and his parents have moved out because they had quite a lot of backlash. They've now moved to Slough."

The court was told Alangh now worked as a courier, earning £400 a week.

Judge Christopher Ball warned Alangh if he did not pay the money back in the timescale he had set or if he breached his sentence then it was likely he would end up in jail.

He said: "If I lock you up today a lot of others will have to bear the burden. I also have an eye to the losers; the best outcome is for their losses to be recovered and they receive compensation. An offer has been made to pay the compensation by a third party, your parents."

The judge said he had taken into account the fact Alangh had pleaded guilty, had not wasted court time and had acknowledged he had cheated other people out of their money to help the business to survive a bit longer.

Alangh was also banned from being a company director for five years.

Speaking after the case, Cllr Roger Walters, Essex County Council's lead member for Trading Standards, said: "I hope this successful prosecution will discourage other people from flouting the law like this."

"Many people lost hundreds of pounds as a result of Mr Alangh's bad practice. Trading Standards advice to anyone renting from a private landlord is to check your tenancy agreement for the Tenancy Deposit Protection Scheme that your deposit is meant to be registered with and contact them."

Stroke charity's run fundraiser

A CHARITY funding research and providing support and advice to people who have suffered a stroke is planning to hold a fundraising 'resolution run' in Harlow.

The event, one of more than 20 taking place across the UK, is being organised by The Stroke Association. Those signing up for the run, which takes place at the Mark Hall Sports Centre on Sunday, March 29, can choose a 5k, 10k or 15km distance.

Dr James Logan, presenter of the TV programme *Embarrassing Bodies*, said: "It's easy to let work and other commitments take over our lives, but getting out in the evenings for half an hour's exercise can make a huge difference to our health."

"Signing up to the resolution run is the perfect way of committing to doing

something important for people whose lives have been turned upside down by stroke."

George Burroughs, the charity's community and events fundraising manager for the East of England, added: "Many of our new year resolutions focus on personal improvements like quitting smoking, eating healthier or joining a gym, but too often these fail by the end of January."

"We're looking for resolvers to join us for a 5k, 10k or 15k run in Harlow. It's your chance to make a pledge which counts and help us to conquer stroke."

Entry costs £12.50 and all runners will receive a T-shirt and medal. For information about entering visit www.stroke.org.uk/resolution or email resolution@stroke.org.uk.

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Birthday Greetings

Happy 21st Birthday

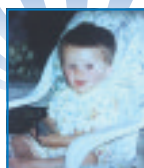


COOPER Ashton

Happy 21st birthday

Love Nan & Allan xx

Happy 21st Birthday



COOPER Ashton

Who would believe this lovely little boy is 21! Happy birthday

Love Nan xx

Happy 21st Birthday



COOPER Ashton

26/01/94
 Wishing our lovely Son a Happy 21st birthday.
 Love you loads

Mum & Dad xx

LOOK WHO'S 40



DENNIS Maxine

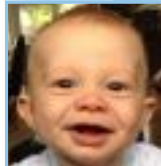
Have a lovely Happy 40th Birthday Lots of love

Mum, Dad, Karen & "H", Glenn, Nathan, Stanley & Darcee.



Birthday Greetings

Happy 1st Birthday!



Harry Collier

To our little man Harry, wishing you a very happy first birthday 18.01.15. We love you lots and lots Hugs and kisses

Mummy, Daddy and Charlie xxx

Happy 1st Birthday



Harry Collier

Happy 1st Birthday to my gorgeous Grandson Lots of Love

Nanny



18th Birthday

Johnson Ellie

Happy 18th birthday 24th January.

Lots of Love Andy, Una, Cavan and Mary xx



Happy 18th birthday



Johnson Ellie

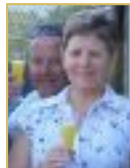
Happy 18th birthday darling hope you have a wonderful day lots of love always and forever

Mum dad sydnie teddy. x x x x



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Bereavements

FRENCH ANNE

19.08.25 - 13.01.15

(Widow of the late Ernie French)
 Rose and Jenny announce the sad loss of their Mum.

She will be remembered with love and laughter by all her family.

Funeral will be held on Friday 6th February, Parndon Wood Crematorium at 2:30pm All warmly welcomed.

Family flowers only please and donations if desired to Cat Protection or St Clare Hospice. All Enquiries to The Co-operative Funeralcare, Tel: 01279 441 444.

JUNE BIRD

Passed away peacefully in the Princess Alexandra Hospital, on 7th January 2015.

Greatly missed by her devoted Husband, Daughters, Grandchild, Great-Grandchild and Family.

June's Funeral Service is to be held on Thursday 29th January 2015, at Parndon Wood Crematorium at 1.45p.m.

All enquiries and flowers to Masterson Funeral Home, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

BLUNNIE COLIN JOSEPH — 07.06.57 — 31.12.14. Passed away suddenly at Princess Alexandra Hospital. Sadly missed by his Mother, Brothers, Sisters, Son, Daughters and Grandchildren. Funeral to take place at Harlow Crematorium Friday 30th January at 4pm. Family flowers only. Donations to Royal British Legion c/o Daniel Robinson.

Paul BRADD (Hillbilly Zed)

Formerly of Harlow. Tragically passed away on 11/1/15. Greatly missed by family & friends. A meeting to celebrate his life TBA

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Bereavements

PAULINE AMELIA BRUCE

Peacefully in the Princess Alexandra Hospital on 13th January 2015, aged 86 years. She will be sadly missed by her husband Ron, daughters Jenny and Helen, her grandsons Calum and Liam, great-granddaughters Grace and Amelia and all her family and many friends.

Pauline's Funeral Service is to be held on Monday 2nd February 2015, at Parndon Wood Crematorium at 2.30 p.m. No black to be worn. Family flowers only please, donations if desired, for MIND. Cheques made payable to MFH Charities Account. All enquiries and donations to Masterson Funeral Home, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

BARRY CONLAN

Suddenly passed away on 2nd January 2015, aged 63 years.

A much loved Husband to Linda, Dad, Grandad, Brother, Uncle and a great friend to all, who will be greatly missed.

Funeral service will take place at Parndon Wood Crematorium Chapel on Tuesday 3rd February 2015 at 11.30am. All welcome.

Flowers or donations, if desired, may be made payable to "Rae of Sunshine" may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow CM20 1QP Tel: 01279 426990

MARIE JOAN COOPER

Peacefully in the Princess Alexandra Hospital on 15th January 2015, aged 78 years. The beloved Mum of Mark and Julie. She will be Sadly Missed by all her Family and many Friends. Marie's Funeral Service is to be held on Friday 6th February 2015, at Parndon Wood Crematorium at 1:00 p.m.

All Enquiries and flowers to Masterson Funeral Home, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

FRANCES PRETTY

Passed away peacefully, after a long battle bravely fought with Parkinson's disease, aged 70 years.

A much loved Partner of Tony, dearly loved Mum of James, Justin and Sheri and a greatly loved Nan to Jon-Joe, Amy, Ellie, Jack and George.

Funeral service to take place at Parndon Wood Crematorium Chapel on Friday 6th February 2015 at 1.45pm followed by burial at Parndon Wood Cemetery.

Flowers; or donations made payable to "Parkinson's Disease Society"; may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP, Tel: 01279 426990.

Bereavements

CATHERINE LAMBERT

Passed away on 17th January 2015.

A loving caring, & wonderful mother of Belinda, Robert, Michelle & Lorraine, & loving nan & great grandmother. Sadly missed but will never be forgotten by all her family & friends. Now at peace with her beloved husband Bob Lambert.

Funeral Enquiries to be made to Daniel Robinson & Son 01279 426990

GWEN LIDDARD

Passed away surrounded by family at St. Clare Hospice on 9th January 2015.

A much loved Mum, Nanny, Sister and Daughter.

Funeral Service to be held on Tuesday 27th January, Greenacres Woodland Burials, Epping Forest at 2.00pm. All Enquiries to The Co-operative Funeralcare. Tel: 01279 441 444

MARY BOLUS

Sadly passed away on 12th January 2015, aged 80 years.

Mary will be greatly missed by all her loving family and friends.

Funeral service will take place at Parndon Wood Crematorium on Monday 26th January 2015 at 2.30pm.

Family flowers only please but donations, if desired, may be made payable to 'Alzheimer's Society' and sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990.

PATSY MAWSTON

Passed away peacefully in her sleep on 10th January 2015, aged 91 years.

Dearly loved mum of Lynda and Shane and a friend to so many who will be so sadly missed.

Patsy's funeral will take place at Parndon Wood Crematorium Chapel on 2nd February 2015 at 1pm.

Family flowers only please but donations if desired may be made payable to the Alzheimer's Society and sent c/o W. J. Murray & Son Ltd 57 Turners Hill Cheshunt Herts EN8 8NT

MARY PRISCILLA PITT

Died peacefully on 11th January 2015, in the Princess Alexandra Hospital, aged 93 years. Wonderful and beloved wife of Graham for 68 years and much loved mother of Nigel and Jane.

Mary's Funeral Service is to be held on Friday 23rd January 2015, at St Mary and St Hugh Church, Churchgate Street, Old Harlow at 1.30p.m. followed by private interment at North Weald Bassett Cemetery.

Family flowers only please, donations, if desired to St Clare Hospice. Cheques made payable to MFH Charities Account.

All enquiries and donations to Masterson Funeral Home, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

In Memoriam

— Scoop/Grandad 22/01/12 — 22/01/14. We miss you today as much as the day you went away. In our hearts forever you will stay! Love Big nose Tyler & Dexter xx



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In Memoriam

STEVENS
ALAN

1959 - 2009

6 years have passed but we still miss you so much.

Loving you always, Mum, Dad and family
x x

Irene
MORLAND

20th January 1995.

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Love you always
Graham, Pat, Matt, Mike and Families.

In Memoriam

Molly
RUSSELL

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Pair of pooches set to be leaders of the pack

Ken Morley

ken.morley@hertsessexnews.co.uk

TWO cute canines called Peanut and Daisy will take the lead when St Clare Hospice holds its Winter Walkies fundraiser next month.

The pair of pooches have been chosen as the furry faces of this year's event after winning a Facebook competition to find a top dog to star on posters, leaflets and other promotional material in the run-up to the sponsored 5km countryside walk.

From beagles and boxers to collies and Cocker spaniels, almost 90 dogs were entered into the online competition, with both Peanut and Daisy receiving more than 300 votes each.

Owners Claire Hands and Nicola Parker were invited to take their pets along to the hospice at Hastingwood for a special photo shoot with **Star** snapper Vikki Lince.

Nicola, who lives in Harlow, said: "We were over the moon to hear that Daisy was one of the winners."



PAWTRAIT PHOTO: Claire Hands with Peanut, left, and Nicola Parker with Daisy

To see her picture being used to promote Winter Walkies is just so exciting."

Claire, from Hunsdon, added "It's lovely to see Peanut on the posters and I'm just really happy she can help and hopefully raise lots of money for the hospice."

St Clare fundraising manager Dominique Brunning said: "We know our supporters are barking mad for their pets but we were overwhelmed with the response to the competition."

"The even is one of the most popular in our fundraising calendar and we can't wait to meet all our new four-legged friends."

Winter Walkies, which is being sponsored by estate agents Mullucks Wells, takes place on Sunday, February 22. Peanut and Daisy will be setting off at the head of the pack when it leaves the hospice at 11am.

Anyone can join the walk whether they are a pet owner or not.

On the morning there will be doggy-friendly fun and games for all the family, including competitions for dogs and owners as well as a children's quiz. Free soup and a roll for all walkers will also be provided along with other hot refreshments on sale.

Registration for Winter Walkies is £10 for adults, £5 for children or £27.50 for two adults and two children. For more information call the St Clare fundraising team on (01279) 773750, email fund@stclarehospice.org.uk or visit the website at www.stclarehospice.org.uk.

Police repeating warning after spate of fraud calls

DETECTIVES have urged people in Essex to be on their guard against telephone fraudsters posing as police officers or bank officials following a sudden surge of calls.

A number of homes in Brentwood, Grays and South Ockendon were targeted last week but the calls were reported to police and no money was stolen.

It is the latest in a series of crimes in which the victims, mainly the elderly and vulnerable, are tricked into revealing their bank details or handing over large sums of cash.

DC Nina Fletcher, of Loughton CID, said: "Police would never ask anyone for bank details or to transfer or withdraw funds. If you do receive calls like these, do not fall for their claims and just put the phone down immediately and call police on 101."

"Remember to use a mobile phone or a friend's phone or wait at least five minutes before calling to ensure you aren't reconnected to the offender."

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go!

FRANKIE goes to Harlow

The Square celebrates Independent Venues Week - page 3

WHAT'S ON WILDLIFE & PETS



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Watch the BIRDIE

Big Garden Birdwatch

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www.rspb.org.uk/birdwatch where
you'll find instructions and advice



FEATHERED FRIEND: Take part in the RSPB's Big Garden Birdwatch this weekend and you might see a chaffinch

Picture: RSPB

The country will once again be peering out of their windows for the RSPB's Big Garden Birdwatch this Saturday and Sunday, January 24 and 25.

Since it started in 1979, the annual survey has provided information about the changes in numbers of garden birds in winter, and helped to alert conservationists to those species in decline, like house sparrows, greenfinches and starlings.

The number of people taking part has grown considerably and now around half a million participants help give nature a home every year by getting involved, making it the world's biggest garden wildlife survey.

How to take part

To take part, people are asked to spend just one hour at any time over the birdwatch weekend noting the highest number of each bird seen in their gardens or local outside space. They then have to submit their results to the RSPB before February 13, either online at www.rspb.org.uk/birdwatch or in the post.

This year, participants are being asked again to log some of the other wildlife they see in their gardens to help build an overall picture of how important our gardens are for giving wildlife a home.

Participants don't have to see and count these other species during their Big Garden Birdwatch hour, just fill in the form to tell the RSPB whether they see them regularly or in fact have ever seen them in their gardens, at any time of year.

Almost 7.5 million birds were counted in last years' survey with the results showing greenfinch and starling continue to decline. However, for the first time in Birdwatch history, the great spotted woodpecker made it into the top 20 and goldfinches swooped into the number seven spot.

RSPB EVENTS IN ESSEX

Were: RSPB Rainham Marshes, New Tank Hill Road Purfleet RM19 1SZ
When: Saturday-Sunday, January 24-25, all day
Price: Free (usual reserve entry fees apply)
Families can pick up an ID sheet, and we'll have displays to help you with your birdwatch. You can stock up on your wildlife garden essentials at the visitor centre while you're there.

Where: RSPB Visitor Centre, Wat Tyler Park, Pitsea Hall Lane, Basildon Essex SS16 4UH
When: Saturday-Sunday, January 24-25, 10am-4pm
Price: Free, but a small donation is requested for the tea and cake supplied.
Come to the visitor centre for some tea and cake while they record the birds in our wildlife garden, and get expert advice on feeding birds in your garden.

The information on our non-feathered friends highlighted that despite being more common in rural areas, more than half of participants in urban areas have spotted toads. In fact, they were reported to have been seen monthly by almost a third of people. Almost a quarter of people in rural

gardens see badgers once a month and almost three quarters see hedgehogs, even though they are in serious decline.

The survey is part of the RSPB's Giving Nature a Home campaign, aimed at tackling the 'housing crisis' facing the UK's threatened wildlife. The charity

is asking people to provide a place for wildlife in their own gardens and outside spaces – whether it by planting pollen-rich plants to attract bees and butterflies, putting up a nestbox for a house sparrow, or creating a pond that will support a number of different species. To find out how you can give nature a home where you live visit www.rspb.org.uk/homes.

Teresa Stoneage, RSPB Big Garden Birdwatch Project Manager says: "This is a fun, relaxing activity for families or individuals and everyone who takes part will be helping to give nature a home."

"Now in its 36th year, Big Garden Birdwatch continues to help us learn about what is happening with our much-loved birds and other visitors, giving us an overall picture of how we will be able to help wildlife for generations to come."

Britain's top five garden birds

1 House sparrow

The noisy house sparrow is one of our most well-known birds and are probably best recognised for their cheeky nature. It is found in 60 per cent of gardens where they feed on seeds, grains and scraps on the ground or bird tables. They also enjoy nut feeders and mealworms.



All pictures: RSPB



2 Blue tit

The blue tit's mix of colours helps to make them one of our most attractive garden birds. Gardens with a peanut feeder will often attract them.



4 Blackbird

One of the commonest UK birds, the males live up to their name but females are brown. Seen in 91 per cent of our gardens.



3 Starling

Although still common in gardens, numbers continue to decline. Starlings are known for their ability to mimic the calls of other birds.



5 Woodpigeon

The UK's commonest pigeon. They appear to be shy in the countryside but can be tame in towns where it feeds on seeds, berries, buds and scraps

PETS CORNER



PET PICTURES: Got a great picture of your pet? Send it to sue.webb@hertssexnews.co.uk along with some details and we'll consider it for publication

Keeping your pets warm over winter

BABY, it's cold outside... which means we're all putting the kettle on, adding the layers and lighting the fire. But what about the animal members of the family? What's warming them up after a brisk walk?

Some pets are affected by the cold more than others, particularly older pets or those with certain ailments. If a pet is feeling the freeze, there are many ways to help keep them cosy. Pets Corner head of training, Lucy Ross, offers her advice on comforting companions:

"The British climate is generally quite cold but more often than not very wet. Each time I take my dogs for a walk and they get soaked through, I make sure I dry them off as quickly as possible when we get home. A wet dog is quite likely to get a chill and this is especially true of some of the smaller breeds or those with short hair."

"You might like to prevent your dog from getting wet in the first place by buying them

a practical jacket, something that is waterproof and covers them from just below their ears to the start of their tail.

"Next on my warm want-list are heated beds, or self-heating blankets, excellent for the added extra cosy factor. For teeny tiny fluffs like hamsters, make sure you give them plenty of bedding so they can nest and snuggle to keep themselves warm and finally don't forget if your house is colder than normal, your reptile's microclimates can also become cooler. Keep a close eye on temperatures and thermostats."

■ Pets Corner stock a selection of products perfect for warming your pets. Visit www.petscorner.co.uk to purchase today.

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GIG GUIDE

RICHIE SOUL

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HOW MUCH: free
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www.thesquareharlow.com

THE DRAYMEN

WHERE: Burnt Mill Snooker & Social Club
WHEN: Sat, Jan 24

THE NAKED APES

WHERE: The Shark, Harlow
WHEN: Sat, Jan 24, 9pm
HOW MUCH: Free
TEL: 01279 416297

RETROVOX

WHERE: The Small Copper, Harlow
WHEN: Sat, Jan 24, 9pm
HOW MUCH: Free
TEL: 01279 431461

ME & HIM

WHERE: Harlow War Memorial Snooker & Social Club, Harlow
WHEN: Sat, Jan 24, 8pm
HOW MUCH: Free

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WHERE: The Square, Harlow
WHEN: Sat, Jan 24, 8pm
HOW MUCH: £5

WHAT'S ON

HARLOW THEATRE COMPANY OPEN AUDITION

WHERE: Victoria Hall, Old Harlow
WHEN: Tuesday, January 27 and Thursday, January 29 at 7.30pm

DETAILS: www.harlowtheatrecompany.co.uk
Open auditions for Harlow Theatre Company's next performance *The Crucible* written by Arthur Miller and directed by Paul Thompson.

HIP HOP POP OPEN AUDITION

WHERE: Harlow Playhouse
WHEN: From Saturday, February 7
DETAILS: www.hiphoppop.co.uk
We are on the hunt for 80 dancers (40 aged 8 to 15 and 40 aged 16+) to join us for our next production *The Evolution of Hip Hop Dance*. From this we are also looking for youngsters and adults to join our performance crews for local events performing for the likes of Heart FM, Cancer Research and many more. Even more importantly we are looking for more dancers to join our professional team providing dancers for professional events including the UK's official number 1 MJ show – Forever Jackson.

FULL OF JOYS

WHERE: Moot Hall, Harlow
WHEN: Thursday, January 29 to Saturday, January 31 at 8pm
COST: £8 (£6 concessions)
DETAILS: www.moothouseplayers.com
Moot House Players once again present *Full Of Joys*. This extraordinary and eclectic extravaganza of entertainment reaches its 30th incarnation in 2015 and is no less than a full-blown Old Time Music Hall. There will be comedy from a very talented comedian direct from the Edinburgh Fringe Festival, Iberian Terpsichore from the talented and evergreen dancer, La Ratoncita, and songs, scenes and singing from our wonderful array of artistes. Music and melody will be provided by pianist Joel Goodman. A melodrama, penned especially for the company by a Jennifer Southwell, will be performed, with a heroine to be suitably encouraged and a villainess to be booed.

BACK AGAIN:
The Blockheads will return to The Square



A healthy state of INDEPENDENTS

FOR more than 30 years The Square has been at the centre of Harlow's live music scene with famous faces like Coldplay, Biffy Clyro and Phill Jupitus among those to perform.

This month, the venue will celebrate the diversity of the venue's performers as well as its community presence during Independent Venue Week.

In 2007, when Essex County Council decided they no longer wanted the venue, a group of local musicians formed a business with the aim of keeping the historic venue open.

Re-launching in July 2008 without any external funding or real long-term plan, SquareOne has been at the helm for, what some are saying, the best years the venue has seen.

Adam Smith, a founding member of SquareOne, told the *Star* this week: "Independent Venue Week is a nationwide campaign to highlight the importance of small venues in towns like Harlow.

"Big cities are rife with entertainment venues with big acts playing to large audiences, but the smaller venues in the suburbs are where those acts first learn their craft.

"The Square has played host to stadium fillers such as Coldplay, Snow Patrol, Athlete, Biffy Clyro, Muse and more recently, in 2014, George Ezra appeared on stage at The Square to warm up for a big tour.

"The new bands that play the venue week in week out could well be tomorrow's festival headliners.

"There's also an attraction for well-established acts to

visit the venue to play intimate shows in a room they know has world class sound quality.

"Veteran acts like The Damned, The Selecter, Glenn Tilbrook, Wilko Johnson and Secret Affair have all played sell out shows at The Square in the past six years.

"It's the appeal of being up close with the audience that has brought The Blockheads back to The Square for a special Independent Venue Week show on Wednesday, January 28."

The Square's IVW programme kicks off on Monday with Burnt Mill Academy, with whom The Square work closely.

"The concert band will be playing and we're looking forward to the talented youngsters showing us what they can do.

"They're the next

generation of musical stars in our town and it's great they get an opportunity to play in a professional venues at such a young age," explained Adam.

The Blockheads used to back Ian Drury and played on some huge hits including *Hit Me With Your Rhythm Stick* and *Sex & Drugs & Rock & Roll*.

The band certainly deserve the moniker of 'legends' and its shows like this that really highlight what a special venue The Square is.

Support on the night comes from Murray Torkildsen, a big name on the local scene with his numerous bands (The Redwoods, Reel by Real, The Sweeney, Popdad).

Adam added: "It's important to acknowledge the people who were once the 'new kids' on the scene as their efforts in keeping live

music fresh over the years in Harlow is what's paved the way for today's bands."

The new breed of indie bands is well represented with Frankie & The Heartstrings who play Friday, January 30.

Now boasting former Futureheads frontman, Ross Millard, the Sunderland-based band will be touring the country for the whole of Independent Venue Week.

Support on this show comes from local band Don't Worry, who make their Square debut despite all the members having previously played in bands at the Square in the past.

On Saturday the venue plays host to the Essex Undiscovered competition and ends with The Subways on Sunday.

Acclaimed play challenges female role in society

A CRITICALLY-acclaimed play that sets out to challenge assumptions about war, family and what it is to be a woman will be performed in Harlow as part of a UK tour following sell-out runs in London and Edinburgh.

Grounded, written by George Brant, has been described by critics as a gripping and compulsive production new play that flies from the heights of lyricism to the

shallows of workaday existence.

The central character is a hot-rod F16 fighter pilot who is pregnant. Her career in the sky is over and now she sits in an air-conditioned trailer in Las Vegas flying remote-controlled drones over the Middle East.

She struggles through surreal 12-hour shifts far from the battlefield, hunting terrorists by day and being a wife and mother by

night.

Director Christopher Haydon said: "Grounded is an extraordinary, caustic exploration of one of the most important issues of our time and it packs a multitude of ideas in to a single, brilliantly compelling character.

"Since opening in Edinburgh last year, it has been hugely exciting to see how thousands of people have connected with it and so I am

thrilled at the opportunity to take it on tour and allow it to reach an even wider audience."

Grounded is being performed by the Notting Hill Gate-based theatre company Gate Theatre. The running time is 65 minutes and it is suitable for audiences aged 14 and over.

Grounded is being staged in the Studio at Harlow Playhouse on Thursday, February 12 at 7.30pm. Tickets cost £12.

Homes & Garden



Go bold with colour

You've celebrated New Year, you've got the TV on - but you're not watching the screen, you're watching in horror as the paint in the corner of the room peels off...Don't despair though, while painting can be a minefield for novices, most common painting problems are easily averted or remedied if you follow these simple tips.

Flaking and peeling

Paint often flakes and peels over time or because of poor preparation, but there can be other causes. If you live in a period property that hasn't been decorated for many years, flaking paint may be caused by distemper, an old-fashioned paint. To test for distemper, wet the wall with water and wait to see if the paint peels - distemper will. Get as much of it off as you can with water and a scraper, then seal the rest with a couple of coats of plaster sealer.

Paint will also peel and bubble if you apply it to new plaster that hasn't dried properly, or that has an underlying damp problem. A plaster sealer, such as an alkali-resistant primer-sealer, is a good solution because it seals the plaster like glass, but if there's a damp problem, remedy that first.

Runs and drips

These happen when the paint (usually oil-based) is applied too thickly and isn't brushed out properly. To solve the problem, wait until the paint is completely dry, then sand smooth and start again.

Specs in paintwork

These are caused by dust and debris getting into the paint can or tray, onto the surface you're painting or the brush/roller you're using. You have to be vigilant when painting, and remove bits from the wet paint as you go - it's easy

to pick up dust from the floor when painting skirting boards, for example. Contaminated paint is particularly a problem when painting outside, as the wind whips up all sorts of debris. Get round this by putting a small amount of paint into a paint kettle and just working from that, so all the paint isn't ruined if the kettle becomes contaminated. You can also sieve paint to remove debris - either with paint strainers or, more resourcefully, an old pair of tights.



Time to plan your garden

Many people consider Spring the ideal time to get back in the garden and spruce it up, yet now is actually a perfect time to get your green fingers going and be ahead of the game come March.

Three key things to remember now are to prepare, tidy and plan. This time of year is great for preparing the ground work for Spring planting and for tidying up things such as borders and greenhouses to save time going forward.

One good tip - if you are planning a big Spring or Summer building project such as garden decking, now is an ideal time to get measured up and pre-ordered so you can make use of your new deck for the whole Summer.



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WORTH A WATCH



Mike's TV Film of the Week

WESTERN: BEND OF THE RIVER Film4, Friday, January 23, 5.20pm
From the moment they started making movies in America, they made more Westerns than anything else, so it's odd that it took them so long to start producing great ones. A large share of Hollywood's best comedies and dramas were already in the can by the time the first Westerns of comparable stature began to appear at the end of the 1940s.

Leading the way was director Anthony Mann. In 1950, Mann, who had some snappy B-movie thrillers behind him, teamed up with James Stewart for a series of Westerns. In terms of scale of achievement in the genre, these five films are rivaled only by the six Budd Boetticher made on a shoestring with Randolph Scott. They are staggering – dark, complex, exciting, with flawed heroes and charismatic villains. Bend Of The River might be the best of the bunch.

Glyn McLyntock (Stewart) is leading a wagon train full of "decent folk" through the mountains to Oregon when he stumbles upon the lynching of a "horse thief" and, without asking questions, rescues him. The man is Emerson Cole (Arthur Kennedy) who registers surprise on being told McLyntock's name. Not long after, the pair see off an attack by some Shoshone braves, during which a pretty woman settler, Laura (Julie Adams) is wounded and Cole saves McLyntock's life.

When the wagon train reaches Portland, they purchase supplies for the winter, which the seller promises to send on. Laura remains behind to recover, planning to follow on with the food, and Cole also leaves the train to try his luck, he says, in the "gold rush". When the supplies don't turn up, and with starvation beckoning for the settlers, McLyntock returns.

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Thursday 13:30 Friday-Wednesday 12:30

PADDINGTON (certificate PG, 95mins)

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Saturday & Sunday 11:50

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Saturday 10:00

THE BOXTROLLS (certificate PG, 97mins)

Saturday 10:00

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Thursday (January 22) 19:00

BOLSHOI BALLET: SWAN LAKE (certificate 12A, 160mins)

Sunday 15:00

The Rise of the MACHINES

After almost two decades of success as a writer, **Alex Garland** makes his directorial debut with **Ex Machina**. He talks to **Keeley Bolger** about robot paranoia and the pros and cons of having your work adapted for the big screen

He's the author of *The Beach*, the writer behind blockbusters *28 Days Later* and *Sunshine*, and now Alex Garland is adding another string to his bow as the director (and writer) of new film *Ex Machina*. But if he's feeling the strain of wearing two very large hats on the ambitious sci-fi thriller, it isn't showing.

"I've been working in film for 15 years, and broadly speaking, I see it as a collaborative experience," explains the 44-year-old, who credits the abundance of "friendly" and familiar faces on set for making it a smooth transition.

"*Ex Machina* didn't feel significantly different from any other film I've worked on. A lot of the time, it's like a group of workmen standing around a hole saying, 'How are we going to fill it?' It's just the same. Same problem, same solutions."

The plot sees a young coder, played by Domhnall Gleeson, spend a week with his reclusive CEO, deftly portrayed by Oscar Isaac, to participate in a strange experiment in which he interacts with the world's first true artificial intelligence (AI), housed in the body of beautiful robot Ava, played by Alicia Vikander.

"People are paranoid about AI, and computers in general," notes Garland. "It's on people's minds, as it should be. I approach it from a slightly different angle, because I don't exactly feel paranoid about it. With *Ex Machina*, my sympathies lie with the robot."

Raised in London, Garland spent his early twenties backpacking around South East Asia, before his debut novel *The Beach*, later made into a film starring Leonardo DiCaprio, propelled him to wide acclaim at just 26. And while he maintains there was always a clear vision with *Ex Machina*, he admits adaptations of his previous work have "not always" matched his original idea.

"Sometimes, there will be something and I'll say, 'I'm going to fight for that – and either he dies or I die', and that's how we'll resolve that problem," he confides with a wry smile.

"But on this, it was different," adds the writer, who lives with his wife, the actress Paloma Baeza, and their two children.

"There was a consensus. When you do get a problem, it's if two or three people are all working on the same film, but they're actually making different films. It's quite easy for that to happen, and it can happen not out of ego or bloody-mindedness."

By way of example, Garland points to the United States Bill of Rights, which doesn't contain very many lines but is still being picked over in the supreme courts.

"If such a clear document is open to such interpretation, imagine what it's like with a script, particularly a mediocre script, being a speciality of mine in the past at certain times," he reasons.

"So you have this thing that is interpretable, and it's reasonable that people will interpret it in different ways. On this film, for whatever reason, we were all on the same page. We were all in agreement of what film we were making, and why we were making it."

Keen to pass on praise to the team, Garland seems a considerate captain. Indeed Vikander, who's also starring in the recently released *Testament of Youth*, credits him for his approachability, saying, "I've never met a director who's as calm and who has as much time for everyone."

This accessibility is in evidence today, and no sooner has Garland wrapped up this interview, he's drawn Vikander and Gleeson in for a quick chat to see how they're feeling about their busy schedule of promotional work.

Such is Garland's approach, he was adamant the crew and cast should feel free to chip in with suggestions on technicalities or in relation to the script ("It's not sacrosanct," he says with a shrug).

He wasn't precious about the 2007 sci-fi thriller *Sunshine*, which Danny Boyle directed, either, despite both men coming from different viewpoints.

"I'm an atheist, and the director is not, so a film that is sort of about atheism is then also a film not about atheism. It works on some levels but not on others."

Though *28 Days Later*, also directed by Boyle, "kind of worked" and he "liked that film", he would make some changes to the 2010 movie, based on Kazuo Ishiguro's novel, *Never Let Me Go*, which he wrote the screenplay for.

"I loved it, but I also felt bothered by something – it has a kind of monotone tone," he says. "But that's the danger that film runs. I began to feel very frustrated that I didn't have more injection of something subversive."

"The next film I did, *Dredd*, was all subversion, it was all aggro. Drugs, killing, violence, shooting, a kind of madness really, but this one [*Ex Machina*], it's a bit more zen," he adds.

"It finds the balance; there are these strange injections of pace, movement, silence or lots of talking, and then a lot of silence."

It's insights like these which have sharpened his directorial debut.

"Over the years, I've had lots of film-making experiences, and in my mind, it all led to this film," Garland concludes.

"I've put into practice a lot of things I'd learned along the way. Mostly, it was about giving people space to do what they want, in the best way they can."

Gripping sci-fi thriller with a moral dimension

Ex Machina

SCI-FI: (15) 108 minutes

Director: Alex Garland

Starring: Domhnall Gleeson, Alicia Vikander, Oscar Isaac

IN the late 1970s and early 1980s, when the original *Star Wars* trilogy, *Alien*, *Blade Runner* and *The Terminator* peddled artificial intelligence as science fantasy, the reality of conscious machines seemed a distant dystopian nightmare.

Today, with voice-activated personal assistants on our mobile devices, automated restaurants and sophisticated software tracking every keystroke, a world controlled by computers appears within our sweaty grasp.

For his directorial debut, Alex Garland explores mankind's



BUILDING: Domhnall Gleeson and Oscar Isaac

unquenchable desire to give birth to sophisticated automata that learns from its mistakes.

Shot largely within the confines of a state-of-the-art complex, *Ex Machina* is a deeply disturbing thriller that explores the murky moral ramifications of creating a robot that could pass for human.

Nathan (Domhnall Gleeson) is a talented computer programmer at a hi-tech firm

run by the enigmatic Caleb (Oscar Isaac).

Out of the blue, Nathan wins a weekend at the CEO's remote island retreat and journeys to the lush paradise in a private helicopter.

At the compound entrance, Nathan is issued with a security pass he must carry at all times.

Inside, he learns that he has been hand-picked by Caleb to take part in a ground-breaking experiment: to interrogate a functioning artificial intelligence prototype called Ava (Alicia Vikander).

The programmer is dumbstruck by Ava's beauty and her ability to respond intelligently to his questions. Very quickly, Nathan grows emotionally attached to Ava and he is distressed when she warns him not to trust Caleb.

The programmer's emotions are further complicated when he learns that Ava is the latest iteration of the CEO's secret work and will, by necessity, be scrapped to make way for a newer model.

Ex Machina exerts a vice-like grip on our attention, anchored by riveting performances from the central trio.

Flawless visual effects blend seamlessly with her luminous performance to expose Ava's inner workings as she prowls her Perspex prison cell.

Like Nathan, we're bewitched by her as she devours knowledge and begs for help to avoid the scrapheap.

There's no chance of Garland's gripping film suffering a similarly grim fate.

Damon Smith

RATING: ■ ■ ■ ■ ■ Good

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How to make a RAG RUG



RUSTIC LIVING

Jodie May writes about craft, nature and a rural life

'VE wanted to make a rag rug ever since I learned that my great-grandma used to make them, while sitting in front of her fire.

Like many people, she couldn't afford to buy rugs, so she would keep her toesies warm by making rag rugs - for the lounge, bedroom and bathroom ... and all she used was some sack cloth, and some old duvets.

Rag rugging is such an easy, pleasurable craft and anyone can do it. It's a rough and ready craft that doesn't require too much concentration, so we can still keep one eye on our beloved *Downton Abbey*!



At my recent visit to the Alexandra Knitting and Stitching show, I took a 'rag-rugging' workshop (which is also known as 'progging') with the rag-rugging JEDI MASTER - Jenni Stuart-Anderson - and she very kindly said I could share it with my lovely readers. So grab ya bodgers (oh-err missus) and lets get progging!

You will need ...

■ **Rug hessian** - You can find this easily online or in your local craft shop.

Just buy enough for the size rug you want to make.

■ **Fabric** - Any old cotton duvets, dresses and shirts will do providing it doesn't disintegrate when cut. Thin cloth will make a light, soft rug, thicker cloth will make a tough, warm, heavy one. Stretchy cotton eg old T-shirts also work well for rag rugging. You're going to need quite a bit of fabric, so old clothes and charity shops are ideal for this.

■ **A rag rugging tool** - this can be any of the following:

A **progger**: That's the wooden thingy that looks like a peg in the picture below.

A **bodger tool**: See pic above. It's a tad more expensive but worth it, as it's much easier to use.

Tweezers: I've not tried this, but many say it works just as well.

Optional needle and thread -

You can use a needle and thread to hem the edges as hessian frays easily

OR I'll explain another technique later that requires no sewing whatsoever.



■ Step 1: Choosing fabric, colour and design.

Choosing fabric - Whatever fabric you choose, just use that type of fabric - don't mix cotton with wool etc

Tip - Using cotton sheets/duvets is quick and easy because if you snip one end you can long tear strips, without the use of scissors.

Choosing a design - If you'd like to create a design, simply mark it out onto your hessian in chalk first.

Choosing colour - When it comes to choosing colours, anything goes really. If you'd like it to compliment a particular room, pick out some of the colours from that room, or find a picture or photograph that you like, colour-wise, and pick out all the colours.

Tip: Don't be afraid of browns, greys, dark greens etc ... you might think them dull but amongst other colours they work well. See how the dark green brings Jenni's rug to life below?



■ Step 2 : Getting started

The hessian - Decided how big you want to make your rug and mark it out in chalk, then cut your hessian 4 / 5 inches bigger as we need to allow room for hemming / fraying.

Cutting your fabric - We need to cut our material into small pieces - an idea size is about 4cm (1.5") by 7.5cm (3"). If using cotton you can bypass cutting long strips by snipping the width you want in the fabric, then simply tear long strips, which can then be cut into 3" pieces.



OR You can invest in a cutting gauge. Once you have your long strip you wind it around the cutting gauge and cut along the



FINISHED ITEM: Your completed rag rug

groove (see below) which will leave you with evenly cut 3" pieces.

Tip - Cut strips a little wider if using thinner fabric.



■ Step 3: Get progging!

Now comes the fun, easy bit! Start progging along the outline of your design. To do this, you poke your bodger/tweezers into the hessian and out again 1cm along your drawn line like so ...

Open the jaws of the bodger (or tweezers) and grab the fabric by one corner and pull back through... (see main picture above)



... releasing it when both ends are sticking out like a bow. That's your first one!



Next, repeat the entire process by poking your bodger into the last hole you made (where half the bow stick up) and out again 1cm further along. Then do the same again until you have progged your way around the outline of your design. Once you've completed your outline start your next row - 1cm over parallel from the previous edge and gradually work your way inwards towards the center. Easy peasy!



■ Finishing off

Hessian frays quite badly on a cut edge, so once finished the rug will have to be hemmed. You can either do this by folding over the hem (which should be about 2") and sew it in place. Or you can turn the hem over (not under) before you start and simply prog right through both layers, which will ensure a nice, strong tidy edge.

■ Tips from Jenni

Work on a table or on your knee, so you can hold it steady with one hand. If the progging seems to dense and packed in, just leave a wider gap between the line.

Different fabrics react differently, if you're working with a thick fabric and you're finding it difficult to pull through, cut them a bit

narrower. If they slip out when tugged gently cut them wider.

DETAILS

All about Jenni Stuart-Anderson

Jenni Stuart-Anderson is a designer / maker using recycled and vintage textiles to make customised rugs, hangings and 3D pieces with contemporary designs.

You can also attend a workshop with Jenni Stuart-Anderson at the Alexandra Palace Knitting and Stitching show. 1 hour workshops are £12.



GET PROGGING: (See above) Open the jaws of the bodger (or tweezers) and grab the fabric by one corner and pull back through ...

LITERATURE

WHAT'S ON



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The SPY who came in from the PARK



YOUNG Bond author Steve Cole took on the British icon's story last year. To put the country's most famous spy in peril is to join an exclusive group of British literature greats.

Ian Fleming, Kingsley Amis, Christopher Wood, Sebastian Faulks and, most recently, William Boyd with *Solo* have all contributed to 007's troubled life.

Steve Cole added *Shoot to Kill* to the Young Bond series last year, following on from Charlie Higson's five books on the agent's early life. And he is set to write three more.

He will appear at the Bishop's Stortford College Festival of Literature on Monday, February 2.

Steve said: "It's a big responsibility. Charlie's books are great, but I set out to do it my own way.

"The interesting thing is that

because we know the character and what he will become, when he is younger and in his teens you can sort of start to chop off the edges."

Steve is writing the youth of James Bond's life, using hints from the Fleming novels.

When he took on the plot, Bond had just been expelled from Eton. Readers see his spy instincts emerge and cracks appear in his character before he reaches adulthood.

Steve said: "You have the backdrop of the Thirties. The themes are the same, but what's great about starting with Bond in the Thirties is that there are no mobile phones. If he is trapped, then he has to use his own grit to get out of the situation. It makes kids realise how different things were then.

"You can see certain psychological traits. He is younger so he doesn't have the

backing of his government, he doesn't have an army behind him. But he has the grit and determination to take him through."

A fan of Bond since childhood, Steve sees the series as an ever-transforming tale that adapts to society's concerns.

He said: "I'm very excited that Sam Mendes is back steering the film (*Spectre*). What I find interesting about Bond movies is that they fit in with the zeitgeist of the time.

"I think we have seen the rise of terrorism, especially the homegrown threat, and it will be very interesting where the film goes. In the Sixties it was much more likely to include volcano lairs."

Steve Cole will deliver his action-packed talk at the Bishop's Stortford College Festival of Literature on Monday, February 2 at 6.30pm.

PROGRAMME OF EVENTS

EACH year the Bishop's Stortford College Festival of Literature attracts a wealth of writing talent - and 2015 will be no different.

Visitors to the week-long celebration of the written word will be treated to wordsmiths who have penned fiction classics, intriguing newspaper columns and evocative poems.

Friday January 30.

Getting the event under way will be science populariser, comedian and BBC Radio 4's *The Infinite Monkey Cage* presenter **Robin Ince**, who, having looked into his own mind, will try to look into the minds of audience members.

He will be followed on the stage of the Ferguson Lecture Theatre by **Luke Wright**, "the best young performance poet around" according to Sunday newspaper *The Observer*, who is back by popular demand.

Saturday, January 31.

In the afternoon, award-winner **Robyn Wright** will be on stage. The *Independent* columnist and BBC Radio 4 broadcaster **Steve Richards** will be getting politics all shook up with his *Rock 'n' Roll Election Special*, a show he has performed at the Edinburgh Festival Fringe.

Politics makes way for history on the Saturday evening in the form of British constitutional historian, TV and radio presenter, and the author of several books on the Tudors, **David Starkey**. A regular contributor to Radio 4 debate programme *The Moral Maze*, his acerbic tongue earned him the sobriquet of "rudest man in Britain", while his frequent appearances on *Question Time* have been received with criticism and applause.



FREE PHOTO SESSIONS

baby and child of the year

The Harvey Centre, Harlow
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0-12 mths 13-24 mths 2-5 yrs Groups & siblings up to 11 yrs

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Baby of the Year is bouncing back to a location near you!

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A gallery featuring all your beautiful babies and children will be published on our website on Thursday, February 26 when you and all our readers will be invited to start voting for their favourite!

The child with the most votes from all the categories will be named Harlow Star Baby of the Year 2015 and receive a 20x16" canvas print of their winning picture. The winners of the remaining categories will each receive a runner up prize of a 10x12" canvas print.

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Concerts

TJ HIGGS AT HERTFORD CASTLE AND CHARITY OPEN DAY



Join Psychic Medium, TJ Higgs on January 30th, at 19:30 as she brings messages from loved ones to an intimate audience at Hertford Castle's Salisbury Room. With a maximum of 60 people in the audience, this demonstration will bring you and those around you closer to your friends and family that have passed away, with £5 from every ticket sold being donated to charity. TJ Higgs has had a successful career in the Psychic and Mediumship field, having appeared on television with 3 series (currently being shown on the CBS Reality Channel), she is also the author of 3 books on the subject, teaches and holds private readings.

On the 31st of January, TJ will be holding a Charity open day from 10:30 at her Centre: 32 St. Andrew Street, Hertford. All proceeds will be donated to charity with healing, readings, mediumship and question and answer sessions going on. There will also be a raffle with the chance to win an iPad!

For more information please visit TJ's website or call her Centre.

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ARIES MARCH 21 - APRIL 20

Your journey has not been an easy one, but from Sunday you start to sail on calmer seas. You are not going to get drama from everyone, but that is a fact you're willing to accept now, isn't it Aries? A gift from before Christmas approaches an end and you'll learn you were right to keep out of their relationship issues. If indeed you did. Ring now so we can talk about your love life.

FOR WEEKLY AND MONTHLY READINGS CALL

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TAURUS APRIL 21 - MAY 21

This is a really good time to invest your efforts and money into your dreams. People believe in you Taurus because they know how passionate you are about your plans. If you've been feeling shy, then now is the time to break down those barriers. Asking for the impossible becomes a possibility, give me a ring now to hear why I think it's okay to embark on impulsive flirting this week.

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GEMINI MAY 22 - JUNE 21

Don't rush through life this week but try to take things one day at a time. It seems that someone has been trying to oppose you every step of the way, but you're stronger than that now, aren't you friend? Forms signed in the coming days help you realise that you're meant for big things. Be on time on Friday; a friendship depends on it. Phone me to find out what I think of recent dreams.

FOR WEEKLY AND MONTHLY READINGS CALL

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CANCER JUNE 22 - JULY 22

Everything seems to have been blown out of proportion recently, but it's time to let everyone else argue over the small things. To disagree over issues which can't be changed yet is counterproductive. Research, study and simply waiting and watching are your best tools as you enter February Cancer. Ring now. I have some advice for the future to share with you.

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LEO JULY 23 - AUGUST 23

I can see that you've lost an awful lot of trust in close ones lately, but I'm not surprised given the way that many of the signs have been behaving. You will find yourself running around for everyone else this week with very few people willing to do the same in return for you. You'll find out why by Thursday, so keep your cool for now. Ring now so I can help you make life great again.

FOR WEEKLY AND MONTHLY READINGS CALL

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VIRGO AUGUST 24 - SEPTEMBER 22

You have been taking a rather strange view of the events which have occurred. Try to take a step back before Wednesday and take a look at the bigger picture. It's the only way you'll start to realise what needs to be done and who you need to avoid to get your life back into some semblance of order. Aries faces give your career a boost indeed. Phone now, there's so much to talk about.

FOR WEEKLY AND MONTHLY READINGS CALL

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LIBRA SEPTEMBER 23 - OCTOBER 23

Do you put your heart on the line and risk getting hurt, or you do refuse to take a chance and live in misery? Come on Libra, why don't you see what it's like in the real world rather than hiding from your emotions as you have been since December. Venus promises you the experiences of a lifetime if you do. Ring now to hear why it's a great time for new beginnings.

FOR WEEKLY AND MONTHLY READINGS CALL

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SCORPIO OCTOBER 24 - NOVEMBER 21

Choose wisely this week Scorpio and don't allow yourself to be pushed into decisions which suit your close ones, but don't sit so well with you. You need to practice the fine art of communication if you are to feel you are an equal. Shock decisions you make on Friday can actually turn out to be the making of you. Believe in you. I do! Ring now for a confidence boost from the stars.

FOR WEEKLY AND MONTHLY READINGS CALL

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SAGITTARIUS NOVEMBER 22 - DECEMBER 20

Something you have been worrying about may well be cancelled this week, but that doesn't feel good about this, you could end up feeling let down. Secretly you want to see your life shaken up so that you can move on to pastures new. Control the ride you're on, don't just be a passenger. You'll reach a far more satisfying destination if you do. Ring now to hear why this is a great week to make money.

FOR WEEKLY AND MONTHLY READINGS CALL

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CAPRICORN DECEMBER 21 - JANUARY 20

Fun times are set to happen and this week you finally learn how to let down your hair and do what feels right instead of what just looks right to others. Family may prove hard to deal with, but the sooner you admit to them what you are and aren't willing to do, the sooner they'll stop applying such pressure. Give me a ring to hear why you can expect impromptu travel soon.

FOR WEEKLY AND MONTHLY READINGS CALL

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AQUARIUS JANUARY 21 - FEBRUARY 19

You've said some things you now regret, but working out how to say sorry has proven harder than you thought, hasn't it Aquarius? Do it before the weekend is over and you'll see what benefits can come from respecting those you care for. Others are willing to travel miles and make enormous sacrifices if you offer an olive branch. Ring now. We need to talk about that confrontation.

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PISCES FEBRUARY 20 - MARCH 20

It matters what you wear to work this week and how you present yourself. Don't even think about being late as it will only come back on you. You'd be far better to leave yourself extra time and over-prepare as you'll be crossing paths with those who can change your career and financial status. Instant attractions see you doing something you've never done before. Phone now so I can tell you more.

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SUDOKU

Fill in the grid in such a way that every row and column and every 3x3 box contains the numbers 1-9.

Easy

	3		
7	9 4	1 6	
6	1	4 2	
		8 5	
6 8		4 3	
5 9			
8 4	2	3	
7 2	3 6	1	
	5		

Medium

3 7	2 7	4 1
1 9 8	5 4 6	9 1 3
4 9	1 8 5	6 2
6 7	6 3	4 5

Hard

6	4	1	8
8		3	7 4
1		7	
6			8
		4	9
4	9	1	
9 2			4 8
		5	9 6
7		8	2

Killer

For Killer Sudoku, the normal rules of Sudoku apply. However, in addition, the digits in each inner shape (marked by dotted lines) must add up to the number in the top corner of the shape.

CRYPTIC CROSSWORD

1	2		3		4		5		6		7	
8							9					
10			11				12		13			
			14									
15											16	
17						18						
19					20		21		22			
23					24							

ACROSS

- 1 New peer, Liberal,
showed the way, then
forced back (8)
- 6 Choose the tool (4)
- 8 Shout loudly, "Leader of
superpower elite!" (6)
- 9 Nothing to recover by
mouth (6)
- 10 Clears of troubles in the
open (8)
- 13 Fall for excursion (4)

- | | | |
|----|---|--|
| 14 | To out mole, I trek the distance (9) | in port (6) |
| 17 | Midnight argument to develop (4) | 11 Rare Twain composition found in puddle! (9) |
| 18 | Garment I designed for one who moves abroad (8) | 12 Doing what you are told, ie once bed made (9) |
| 19 | Dress fool put on that mant! (6) | 15 They bore doctor with complaints (6) |
| 21 | Country not in a muddle (6) | 16 Wool from Penang or Amritsar (6) |
| 23 | Star turns out to be an emperor (4) | 20 Awfully wee sheep (3) |
| | | 22 Attempt to rid ancient city of oxygen (3) |

PATHFINDER

Beginning with the highlighted square, follow a continuous path to find the listed 'ME' words. The trail passes through each and every letter once and may twist up, down or sideways but never diagonally.

	O	M	E	C	H	I	M	E	A	M	E
	T	M	I	T	B	E	M	M	R	Y	S
	I	E	T	D	E	C	O	A	C	N	D
	P	Y	H	M	E	E	B	E	M	I	R
E	E	M	L	U	A	S	S	E	S	L	O
E	E	O	M	U	N	U	M	L	E	M	
E	M	O	V	E	F	I	E	M	E	G	U
E	I	U	T	E	R	C	K	A	E	M	M
E	T	O	C	P	E	M	N	H	S	O	E
E	R	M	E	S	T	U	A	E	G	N	R
E	E	V	O	O	C	E	M	M	I	G	E

ASSUME, BECOM
BEDTIME, CHIM
COSTUME, EPITOM
GNOME, LEGUM
MACRAME, NICKNAM
OUTCOME, OVERTIM
PERFUME, REGIM
SHAME, SLIM
SYNDROME, THYM
VOLUM

FUTOSHIKI

Each line across and down is to be filled with the numbers 1 to 5. The same number cannot occur more than once in any line. Your only clues are the numbers given and whether a number is greater than ($>$) or smaller than ($<$) the adjacent number.

TOTALIZED

The 25-second ultimate challenge from Puzzler Brain Trainer. Follow the instructions from left to right, starting with the number given to reach an answer at the end.

EASY	9	+ 35	÷ 4	− 9	x 98	HALF OF IT	HALF OF IT	+ 13	− 32	TREBLE IT	ANSWER
MEDIUM	10	x 60	TREBLE IT	− 490	HALF OF IT	÷ 5	− 90	x 2	+ 30	DOUBLE IT	ANSWER
HARDER	13	+ 49	x 3	÷ 3	HALF OF IT	x 9	− ¼ OF IT	+ 17	HALF OF IT	− 19	ANSWER

QUICK CROSSWORD

← Both sets of clues fit both grids →

1	2	3	4	5	6	7	1 Allure (8)	2 Interruption (4-2)
8				9			6 Mandibles (4)	3 Flooded valley (3)
10		11		12	13		8 Acid's opposite (6)	4 Travel easily (4,5)
14							9 Consequence (6)	5 Light tune (3)
15							10 Item bought (8)	6 Proved to be right (9)
17			18				13 In a lazy way (4)	7 Recklessly (6)
19			20	21	22		14 Working by itself (9)	11 Seizure of power (4,5)
23			24				17 Type of nail (4)	12 Outflow (9)
							18 Canine look-out (5,3)	15 Jewellery piece (6)
							19 Liquid (metal) (6)	21 Dark blue (6)
							23 Tiny amount (4)	16 Lumberjack (6)
							20 Quick bite (3)	
							24 Deflate (8)	22 Small point (3)

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LAST WEEK'S SOLUTIONS

Totalized: EASY=64 MEDIUM=547 HARDER=2616

[illegible]



10 SECOND REVIEW:

The third generation Audi TT coupe follows an evolutionary styling theme, gets a bit more adventurous inside and really makes the numbers when it comes to performance and efficiency. Choose from diesel or petrol, front or quattro all-wheel drive.



THREE OF A KIND

TESTED Audi TT

The third generation Audi TT coupe follows an evolutionary styling theme, gets a bit more adventurous inside and makes the numbers for performance and efficiency. Choose from diesel or petrol, front or quattro all-wheel drive.

While it's true that ubiquity has somewhat dulled its impact, it's easy to overlook quite what a remarkable car the Audi TT was when it first appeared in 1998.

Prior to the TT, Audi wasn't a company renowned for great design flair. It did safe and solid. Its most desirable sporting cars in the years leading up to the TT launch were estate models.

The TT changed all that. It had an interior that felt like

something from a motor show stand. It offered buyers an apparently irresistible combination of Audi build quality, styling that made everything else seem old and a clever all-wheel drive chassis.

The second generation car was probably a bit of a missed opportunity. After the extremity of the first car, everything seemed to be dialled back a couple of notches. Audi improved the driving characteristics considerably and in the TT RS model, had one of the most underrated sports coupes on the market.

The third generation car looks to fuse the driveability and slickness of the second generation with the drama and flair

of the first while at the same time responding to shifting buyer behaviour. That's quite a brief.

The engines and transmissions were probably the strongest suit of the last TT and this one builds upon that foundation. Three powerplants are offered at launch. The 2.0 TDI diesel opens proceedings. Its 184PS power output drives the front wheels and will get it to 62mph in 7.2 seconds.

Beyond the black pump, things get a bit more serious. The 2.0 TFSI petrol unit gets the same 230PS as the more powerful versions of the Golf GTI, but here you get a choice of front or quattro all-wheel drive. Both will hit a top speed of 155mph, with

the manual front-wheel drive car getting to 62mph in 6.0 seconds and the S tronic twin-clutch quattro model taking a mere 5.3s.

The initial top of the range is marked by the 310PS Audi TT S. It covers the standard sprint in 4.7 seconds and its top speed is electronically governed at 155mph. Here, the 2.0 TFSI engine produces 380Nm of torque between 1,800 and 5,500 rpm. A manual transmission is standard, with an S tronic transmission incorporating launch control, which regulates maximum acceleration from a standstill, available as an option.

The quattro drivetrain has been re-engineered. By networking quattro drive with Audi drive select, the driver can

adjust the operating parameters of the all-wheel-drive system to suit his or her individual requirements.

In 'auto' mode, optimum traction and balanced driving dynamics are given priority while in 'dynamic' mode, torque is distributed to the rear axle earlier and to a higher degree. In the drive select 'efficiency' mode, the set-up can temporarily shut down the quattro system if conditions suit this.

Audi's magnetic ride adaptive damper control system is fitted as standard to the TT S and is optional for all other versions. Compared with the previous version, Audi magnetic ride has been improved in terms of characteristic spread, control

dynamics and precision as well as user friendliness. In other words, you'll really be able to tell it's working when you press the button.

The body is lowered by 10mm in S line versions, in the TT S and wherever Audi magnetic ride is fitted.

One thing's for sure. Even if you'd never seen this car before, you'd know it was an Audi TT.

Some commentators have been a little disappointed in how safe Audi has played the exterior styling and I'd count myself as one of them.

It's still a handsome car, but it looks like a midlife facelift of the second generation model more than an all-new piece of design.



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(11) Audi A5.0T FSI S Line, 2dr, convertible, Grey.....£16,999	(63) Renault Captur 0.9 TCE 90 Expression+, orange, 12k.....£10,999	(61) Renault Scenic 1.6 VVT Dynamique Brown, 25k.....£8,499
(62) Fiat 500 0.9 TwinAir Street Red, 18k.....£8,299	(12) Renault Clio 2.0 Sport 200, 23k, white.....£12,299	(11) Renault Scenic 1.6 VVT Dynamique TomTom Estate, 32k, Brown.....£7,999
(61) Ford Fiesta 1.25 Zetec 3dr, 12k, white.....£7,999	(63) Renault Clio 1.2 Expression+ grey, 13k.....£8,999	(63) Renault Traffic 2000cc LWB Diesel 24k, white.....£11,499 + VAT
(11) Ford KA 1.2 Zetec, 3dr, 50k, white.....£4,999	(60) Renault Clio 1.5 dCi Dynamique, 5dr, 28k, silver.....£6,699	(63) Renault Traffic 2000cc LWB Diesel 18k, white.....£11,499 + VAT
(11) Ford Mondeo TDCi Titanium Estate (163) 46k, silver.....£10,999	(61) Renault Clio 1.2 Dynamique TomTom, 38k, red.....£6,499	(62) Renault Twingo 1.2 Dynamique 3 dr, red, only 4,700 miles, style pack.....£6,499
(12) Mercedes Benz C Class C63 Edition 125 Auto black, 28k.....£35,999	(10) Renault Clio 1.5 dCi Dynamique, 5dr, 57k, blue.....£5,699	(62) Seat Ibiza 1.4 SE 5 dr, 30k, red.....£7,499
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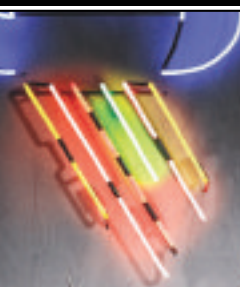
Fuel consumption figures for the Honda range in mpg (l/100km): Urban Cycle 21.2 – 70.6 (12.2 – 4.0), Extra Urban 40.4 – 85.6 (7.0 – 3.3), Combined 32.5 – 78.5 (8.7 – 3.6). CO₂ emissions 201 – 94g/km. Fuel consumption figures sourced from official EU-regulated laboratory test results, are provided for comparison purposes and may not reflect real-life driving experience.

Terms and Conditions: Offer applicable to new retail sales. One, One, Tourer & Civic ranges (including 5 grades) provided vehicles registered from 01 January 2015 and registered by 31 January 2015 and subject to model and colour availability. Offer applicable to participating dealers only and is on the Promoter's absolute discretion. Customer saving based on customer saving versus for each model and includes VNF. Potential customer savings calculated from a combination of: 1) reduced OTR price***; 2) deposit contribution from the Promoter; and 3) discounted 5 years' servicing** price (optional). OTR price reduction and deposit contribution as follows: Civic - £900 deposit contribution + £750 OTR price reduction; Civic - £1,800 OTR price reduction; Civic Tourer - £2,500 OTR price reduction; Civic - £1,000 deposit contribution + £1,000 OTR price reduction. **5 years' servicing. Optional package. Includes all scheduled servicing as detailed in the vehicle service book, for 5 years or 62,500 miles, whichever comes first. 5 years' servicing offered for 1980 including VNF (based on £1,200 + £1,400 including VNF the period of close service respectively), resulting in a saving of up to £980 for the customer and is available to finance or cash finance customers. Please note, should you sell the vehicle during the period of cover, the package remains with the vehicle. ***Reduced OTR price compared to OTR price in effect between 01 April 2014 and 31 October 2014. For a full set of terms and conditions please visit your local Honda dealer or visit honda.co.uk/sale. Promoter: Honda Motor Europe Limited, trading as Honda Financial Services, based at Honda Financial Services, London, England. Registered in England. No. 01452018. Registered office: 100, Cannon Road, London, E14 4JF.

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Fuel consumption figures for Fiat 500 range in mpg (l/100km): Urban 49.6 (5.7) – 64.2 (4.4); Extra Urban 65.7 (4.3) – 91.1 (3.1); Combined 58.9 (4.8) – 76.3 (3.7). CO₂ emissions 113 – 90 g/km. Fuel consumption and CO₂ figures based on standard EU tests for comparative purposes and may not reflect real driving results. *Under current DVLA regulations there is no charge for Vehicle Excise Duty in the first year of registration and every subsequent year. Vehicle Excise Duty rates are reviewed annually by the government and are subject to change.

We invite you to join us for our EXCLUSIVE Transit Centre Launch Event on Friday 23rd and Saturday 24th January 2015

Gates are proud to be have been chosen as Transit Centre specialists at our Harlow and Stevenage dealerships and this weekend marks the official launch.

Having been a Ford Main dealer in Essex and Herts for nearly 95 years, with great experience in serving commercial vehicle customers, this latest announcement



brings the future of Ford Commercial Vehicles to Gates. The commercial vehicle showrooms at Harlow and Stevenage have recently been upgraded to showcase the Ford Commercial Vehicle range which, over the last 12 months or so, has been completely transformed. The Transit family are now made up of the Transit Courier, "International Van of the Year" winners, Transit Connect (2014) and Transit Custom (2013) and the all-new Transit. The Fiesta Van and Ranger, both winners of notable accolades in recent months, complete Ford's Commercial model line-up. Each Transit Centre employs a dedicated, knowledgeable CV sales team, fully trained and able to provide advice on the right vehicle, whatever your requirement.

Transit Centres will also provide improved aftersales

facilities with ongoing training for our Ford trained technicians and the latest, specialised workshop equipment and tools. Ford's Transit24 aftersales programme, available at Gates, aims to minimise vehicle downtime and reduce whole life costs for commercial vehicle operators. The programme offers a "one stop shop" for servicing, maintenance and warranty work with while-you-wait servicing and collection/delivery available for your convenience. Appointment availability has been made easier and lead-time reduced meaning that it couldn't be simpler to book your commercial vehicle in with us. Commercial Vehicle fleets will also benefit from fleet national pricing, 1-link online bookings, Ford Fleet Service Centre support and Ford Fleet Accident Management.

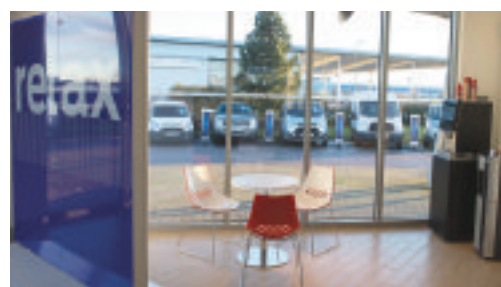
Moe Ali, Group Transit Centre Manager said: "Transit Centres represent the future of Ford Commercial Vehicles and we are delighted to have these facilities available to customers in Harlow, Stevenage and surrounding areas". Moe continued "The showrooms have been upgraded over the last few weeks and our Transit Centres provide us with an excellent opportunity to grow the commercial business, and to enhance further the customer experience provided to new and existing customers alike".

There will be exclusive promotions available over the course of the weekend to celebrate the Transit Centre launch including, **FREE Ply-lining with all New and Used Commercial Vehicle orders placed over the launch weekend.**

What's more, the Transit Centre Service Departments at Harlow and Stevenage will be offering **FREE Visual Healthchecks on Commercial Vehicles** on Friday 23rd and Saturday 24th January 2015. Don't miss this exclusive

opportunity to talk to our Ford Trained Technicians and to visually inspect your own vehicle in our fully-equipped, specialist Transit Centre workshops. To take advantage of the Visual Healthcheck offer, you must pre-book as spaces will be limited.

If you would like to secure an appointment or would simply like to find out more information about Gates Transit Centres, please call Gates of Harlow on **01279 213985** or Gates of Stevenage on **01438 530434**.



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Official Government Test Environmental Data. Fuel consumption figures mpg (litres/100km) and CO₂ emissions (g/km). New Corsa Limited Edition 1.2, 3dr: Urban: 42.2 (6.7), Extra-urban: 61.4 (4.6), Combined: 52.3 (5.4). CO₂ emissions: 126g/km.*

Personal contract hire offer on New Corsa Limited Edition 1.2, 3dr, red on orders received between 1 January 2015 and 1 April 2015, subject to availability and status. Age 18+ only. Figures based on a non-maintenance contract hire package with advance rental of £2,533, then 23 monthly rentals of £149.00. Excess annual miles over 8000 charged at 6.63ppm. Excess charges also apply if you breach manufacturer servicing or maintenance guidelines or if the car exceeds BVRLA Fair Wear & Tear guidelines for its age/mileage when it is returned to Vauxhall Leasing. Package includes Road Fund Licence and Vauxhall Assistance. Guarantee/indemnity may be required. Prices and details are subject to change without notice. You will not own the car. For full specification and T&Cs contact your local Retailer. ALD Automotive Ltd., trading as Vauxhall Leasing. BS16 3JA. Authorised and regulated by the Financial Conduct Authority. *Applicants must hold a full, valid driving licence and be 18 years or over to qualify for a test drive. #MPG figures are official test data and may not reflect real driving results.

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*Deposit contribution available to customers who purchase their car with Solutions Personal Contract Plan from Volkswagen Financial Services. When you buy on Solutions PCP, at the end of the agreement there are three options: i) retain the vehicle: pay the optional final payment to own the vehicle; ii) return the vehicle; or iii) replace: part exchange the vehicle, subject to status. †Up to 2 years/20,000 miles (whichever comes first) when purchased with Solutions. Retail sales only. Subject to agreed annual mileage. Available to 18's and over. Offer available for vehicles ordered by 31st March 2015 and delivered by 30th June 2015. Further charges may be payable if vehicle is returned. Offers are not available in conjunction with any other offer and may be varied or withdrawn at any time. Subject to availability. Terms and conditions apply. Finance subject to status. *One year's free insurance is available from Volkswagen Insurance on all qualifying new Polo models registered by 31st March 2015 for drivers 21 and over. Free insurance offer excludes Northern Ireland. Other eligibility criteria will apply. Go to insurewithvolkswagen.co.uk/polo for full terms and conditions. Volkswagen Motor Insurance is sold, underwritten and administered by Allianz Insurance plc. **3 years' warranty from date of purchase. Warranty comprises remainder of manufacturer's warranty with a top up to a maximum of 3 years from registration date. Top up policy provided by Mondial Assistance UK Ltd. Terms and conditions apply, visit www.volkswagen.co.uk/used for more information. Administered by Volkswagen Finance; Freeport VWFS. Retail sales only. Subject to availability. Offers may be varied or withdrawn at any time. Accurate at time of publication. Freeport Volkswagen Financial Services. Finance providers may pay us for introducing you to them. We can introduce you to a limited number of lenders to assist with your purchase, who may pay us for introducing you to them. Standard EU Test figures for comparative purposes and may not reflect real driving results. Official fuel consumption figures for the Volkswagen model range in mpg (litres/100km): urban 23.9 (11.8) - 74.3 (3.8); extra urban 42.2 (6.7) - 108.6 (2.6); combined 32.2 (8.5) - 91.1 (3.1). Combined CO₂ emissions 224 - 82g/km. Official fuel consumption figures for the e-up! in mpg: n/a.



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(55) Mazda 3 1.6 Sakata 5DR, in blue, one owner, low mileage, FSH, immaculate condition, alloys, air con, full electric pack and much more	£3495 or £15pw
(53) Honda Civic SE, in silver, one previous keeper, service history, only 18,000 miles, superb condition, with many factory fitted extras, value	£3695 or £16pw
(07) Saab 9-3 Vector Sport Estate, immaculate through-out, with many extras including sat nav, climate/cruise control, half leather and much more	£3695 or £16pw
(07) Ford Focus 1.6 Zetec Climate Auto 5DR, in blue, superb condition, fitted with many factory extras including alloys, air con and more	£3995 or £17pw
(07) Seat Altea 1.6 Stylance 5DR, in black, immaculate condition, FSH, air con, CD player, full electric pack and more, great value at only	£3995 or £17pw
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(56) Volkswagen Passat SE TDI Diesel Auto, in blue, one owner, superb condition, alloys, air con, cruise/traction control, full electric pack and more	£4995 or £20pw
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(10) Nissan Note 1.4 Acenta MPV, in bronze, one previous keeper, low mileage, FSH, immaculate condition, with many factory fitted extras, value	£4995 or £20pw
(08) Honda Jazz DSI SE 5DR, in grey, low mileage, FSH, superb condition, air con, alloys, abs, CD player, central locking, full electric pack and more, value	£5295 or £22pw
(07) Suzuki Jimmy JXL, in saturn, one owner, low mileage, FSH, immaculate condition through-out, with many factory fitted extras, value at	£5295 or £22pw
(54) BMW 530d SE Diesel Auto, in silver, superb condition, FSH, fitted with full leather, sat nav, parking sensors, climate/cruise control and more	£5495 or £23pw
(59) Vauxhall Astra 1.6 Design, in silver, one owner, low mileage, half leather, air con, traction/cruise control, full electric pack and more, value	£5495 or £23pw
(61) Renault Clio Expression Auto 5DR, in met grey, one owner, 19,000 miles, FSH from new, MP3, air con, abs, full electric pack, exceptional condition	£5695 or £24pw
(10) Mazda 2 Sport 1.5 3DR, in silver, low mileage, one previous owner, FSH, cruise/climate control, alloys, full electric pack and more, low RFL	£5695 or £24pw
(07) Mini One, n blue, low mileage, FSH, alloys, air con, CD player, push button start, full electric pack and much more, superb condition	£5695 or £24pw
(08) Vauxhall Astra Sri CDTI Diesel, in silver, one previous keeper, superb condition, with alloys, air con, CD player, full electric pack and more	£5695 or £24pw
(07) Volkswagen Golf Plus SE TDI Diesel, in blue, one owner, immaculate condition through-out, air con, abs, traction control, CD and more, value	£5695 or £24pw
(08) Toyota Auris TR 5DR, in black, only 19,000 miles, main dealer FSH, fitted with alloys, climate control, CD, full electric pack and more, superb	£5695 or £24pw
(08) Renault Megane Dynamique DCI Diesel Convertible, in silver, one owner, FSH, only 29,000 miles, alloys, air con, pan sunroof and much more	£5995 or £25pw
(61) Nissan Note 1.4 N-Tec 5DR, in black, main dealer FSH, only 20,000 miles from new, sat nav, climate/cruise control, Bluetooth and more	£5995 or £25pw
(08) Toyota Avenis TR D-4D Diesel 5DR, in silver, one owner, FSH, superb condition, sat nav, Bluetooth, parking sensors, cruise control and more	£5995 or £25pw

CARS FROM £30 PER WEEK

(60) Saab 9-3 Aero 1.9 Diesel, one owner, service history, full leather, heated seats, climate control, alloys, parking sensors, full electric pack and more	£7495 or £30pw
(10) Vauxhall Insignia Sri Automatic, in silver, low mileage, main dealer FSH, Bluetooth, alloys, air con, parking sensors, cruise control and more	£7995 or £34pw
(61) Mazda 2 D Sport Diesel 5DR, in grey, low mileage, immaculate condition through-out, fitted with a vast array of factory extras, great value	£7995 or £34pw
(09) Mini Cooper, in grey, one owner, low mileage, FSH, with many extras including air con, alloys, half leather, abs, electric pack and more	£7995 or £34pw
(13) Skoda Fabia S TSI Auto 5DR, in met blue, one owner, FSH, 14,000 miles, with many factory extras including air con, alloys, electric pack and more	£7995 or £34pw
(06) Lexus IS 250 SE-L Auto, in silver, one previous keeper, FSH, only 27,000 miles, full leather heated seats, cruise/climate control, alloys and more	£8695 or £36pw
(07) BMW 320d SE Diesel Auto, in met jade, one previous keeper, low mileage, superb condition, fitted with a vast array of factory extras, value at	£8695 or £37pw
(13) Vauxhall Corsa Limited Edition, choice of 2 white or red, one owner, FSH, 10,000 miles, high spec, black alloys, pan roof, air con, climate	£8695 or £36pw
(56) Volvo XC70 D5 SE Diesel Auto Estate, in mauve, one owner, main dealer FSH, low mileage, full leather, alloys, air con, cruise, abs and more	£8695 or £37pw
(61) Chevrolet Orlando LT 7 Seater Auto 5DR, in black, one owner, 20,000 miles, FSH, air con, alloys, full electric pack and more, immaculate condition	£8695 or £37pw
(60) Honda Civic Type S GT, in silver, one owner, FSH, only 20,000 miles, immaculate condition through-out, with many factory fitted extras, superb	£8995 or £38pw
(12) Hyundai ix20 Active Auto MPV, in grey, only 9,000 miles, one owner, FSH from new, Bluetooth, air con, alloys, CD, keyless entry, and more, low RFL	£8995 or £38pw
(61) Ford Grand C-Max Titanium TDCI Diesel 7 Seater, in saturn, one owner, FSH, Bluetooth, privacy glass, air con, alloys, parking sensors and more	£8995 or £38pw
(60) Volkswagen Jetta SE TDI Diesel Auto, in met blue, one owner, FSH, low mileage, low running costs, climate/cruise control, parking sensors and more	£8995 or £38pw

CARS FROM £10 PER WEEK

(08) Vauxhall Vectra Design CDTI Diesel 5DR, in black, one previous keeper, FSH, half leather, air con, alloys, 6 speed, full electric pack	£3995 or £17pw
(06) Toyota Avenis T-Spirit 5DR, in silver, one owner, low mileage, FSH, immaculate condition, full leather, air con, alloys, full electric pack and more	£4495 or £18pw
(56) Toyota Yaris 1.3 T-Spirit Auto, in silver, low mileage, FSH, immaculate condition through-out, fitted with many factory extras, value	£4495 or £18pw
(07) Nissan Note SE DCI Diesel, in blue, one owner, main dealer FSH, immaculate through-out, air con, full electric pack, auto lights, CD and more	£4495 or £18pw
(11) Mitsubishi Colt, in black, one owner, FSH, only 25,000 miles, very economical, fitted with a vast array of factory extras, immaculate condition	£4495 or £18pw
(07) Honda Jazz DSI Sport 5DR, in silver, low mileage, FSH, air con, CD player, full electric pack and more, superb condition throughout	£4695 or £19pw
(57) Ford Focus Zetec Climate 5DR, in silver, one owner, FSH, superb condition, alloys, air con, abs, full electric pack and much more, value	£4695 or £19pw
(10) Kia Rio 2 5DR, in silver, one owner, FSH, only 20,000 miles, alloys, air con, iPod Connection CD player, full electric pack and more	£4695 or £19pw

CARS FROM £20 PER WEEK

(61) Renault Grand Modus Dynamique Auto 5DR, in black, low mileage, FSH, half leather, air con, auto lights, abs, full electric pack and more	£5995 or £25pw
(12) Vauxhall Astra Sportive CDTI Diesel 125 Van, in silver, one previous keeper, FSH, immaculate condition, Bluetooth, 6 speed and more, value	£5995 + VAT
(10) Peugeot 207 SW Sport Auto Estate, in grey, one previous keeper, low mileage, main dealer FSH, pan roof, climate control, alloys and more	£5995 or £25pw
(07) Renault Clio Sport, in black, superb condition, FSH, with alloys, air con, half leather sport seats, 6 speed, Bluetooth, push button start and more	£5995 or £25pw
(60) Kia Venga 2 5DR, in silver, low mileage, low insurance, main dealer FSH, remainder on manufacturers warranty, with many factory extras, value at	£5995 or £25pw
(58) Citroen C4 Picasso VTR Plus Diesel Auto 5DR, finished in silver, FSH, alloys, air con, alarm, full electric pack, parking sensors and much more	£5995 or £25pw
(09) Mazda 6 TS2 5DR, in grey, one owner, main dealer FSH, only 40,000 miles from new, air con, cruise/traction control, alloys, and more, value	£6295 or £26pw
(60) Vauxhall Meriva SE MPV, in blue, low mileage, FSH, with many factory extras including pan roof, air con, full electric pack and more immaculate	£6495 or £26pw
(59) Vauxhall Astra 1.6 Sri 5DR, in saturn, one owner, FSH, superb condition, with many extras including air con, alloys, full electric pack and more	£6495 or £26pw
(11) Ford Focus Style TDCI Diesel 5DR, in silver, one previous keeper, very economical £30 RFL, FSH, alloys, air con, parking sensors and more	£6495 or £26pw
(09) Honda Jazz i-VTEC Auto 5DR, in blue, immaculate, only 20,000 miles, service history, pan roof, climate/cruise control, full electric pack	£6495 or £26pw
(12) Vauxhall Corsa Active Auto, in black, superb condition through-out, only 15,000 miles, fitted with a vast array of factory extras, value at	£6495 or £26pw
(61) Kia Soul 2 CRDI Diesel 5DR, in silver, one owner, low mileage, main dealer FSH, alloys, air con, full electric pack, abs, CD and more, value at	£6995 or £29pw
(10) Ford C-Max Zetec Diesel, in blue, one owner, low mileage, FSH, superb condition, fitted with alloys, air con, abs, CD, full electric pack and more	£6995 or £29pw
(61) Mitsubishi Lancer Gs2 Di-D Diesel 5DR, in silver, one owner, low mileage, FSH, Bluetooth, 6 speed, parking sensors, sports seats and more	£6995 or £29pw
(10) Skoda Octavia SE TSI 5DR, in silver, low mileage, main dealer FSH, 6 speed, alloys, air con, Bluetooth, full electric pack and more	£6995 or £29pw
(61) Fiat Doblo Dynamic 7 Seater 5DR, finished in met light blue, one owner, FSH, air con, CD, full electric pack, roof rails and much more	£6995 or £29pw
(58) Volkswagen Golf Match TDI Diesel Auto, in black, immaculate condition, alloys, air con, traction control, full electric pack and more, value	£6995 or £29pw
(08) Suzuki Grand Vitara 5DR Auto, in blue, low mileage, service history, alloys, climate/cruise control, CD player, full electric pack and more	£6995 or £29pw
(13) Volkswagen Up Move 1.0, in black, one owner, only 9,000 miles, FSH from new, low insurance, very economical, air con, abs, CD and much more	£6995 or £29pw

CARS FROM £30 PER WEEK

(63) Fiat 500 Lounge Dualogic Auto, in black, one owner, FSH, only 9,000 miles, very economical, just £20 RFL, air con, Bluetooth, full electric pack	£9695 or £41pw
(61) Volkswagen Touran SE TDI Diesel 7 Seater MPV, in grey, one owner, FSH, immaculate condition through-out, with many factory fitted extras	£9995 or £42pw
(61) Alfa-Romeo Giulietta 1750 TBI Cloverleaf 5DR, in saturn, one previous keeper, FSH, 6 speed, half leather sports seats, climate/cruise and more	£10,995 or POA
(62) Ford B-Max Titanium 1.0 Eco Boost (New Model), in black, one owner, FSH, only 2,000 miles, £30 RFL, twin sliding rear doors, Bluetooth	£10,995 or POA
(59) BMW 320d M-Sport Diesel Auto, in met black, super condition, alloys, climate/cruise control, half leather, auto lights, and more, stunning	£11,000 or POA
(58) Audi A5 TDI Diesel Auto, finished in black, low mileage, FSH, full leather, climate/cruise control, alloys, auto lights and much more, stunning	£11,995 or POA
(57) Nissan X-Trail Aventura Explorer DCI Diesel Auto, in grey, sat nav, full leather, alloys, pan roof, only 40,000 miles, one previous owner, FSH, superb	£11,995 or POA
(61) Ford Galaxy Zetec TDI Diesel Auto 7 Seater, in blue, one owner, only 30,000 miles from new, FSH, fitted with an array of extras, exceptional condition	£12,695 or POA
(61) (13) Kia Sportages 1 & 2 Diesel/Petrol Manual/Automatic, choice of 8, choice of colours, all with manufacturers warranty, value from	£12,995 or POA
(11) Audi A3 Sportback TDI S-Line Diesel 5DR, in blue, one owner, main dealer FSH, sat nav, full leather, Bluetooth, climate/cruise, parking sensors	£13,695 or POA
(12) Volkswagen Scirocco GT TDI Diesel Bluetonium Auto, one previous owner, low mileage, FSH, adaptive chassis control, stop start, Bluetooth	£13,995 or POA
(61) Audi Q5 TDI Quattro SE Diesel Estate, in black, FSH, 6 speed, full leather, climate/stability/cruise control, alloys, parking sensors and more	£16,995 or POA
(11) Mitsubishi Shogun Elegance Diesel Auto LWD 7 Seater, in black, one owner, FSH, full leather heated seats, sat nav, Bluetooth, parking camera	£17,995 or POA
(12) Isuzu Rodeo TD Denver Max LE Diesel Pick-up, in black, one owner, 7,000 miles, FSH, crew cab, full leather heated seats, sat nav, Bluetooth	£17,995 + VAT or POA

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WINTRY MOTOR POINT

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CAR OF THE WEEK

2009 (59)
Mercedes E350 CDI
Coupe



£17,995

black, alloy wheels, climate control, parking sensors, heated electric leather seats, remote locking, e/windows, e/mirrors, cruise control, 60,000 miles

2011 (61)
Renault Clio
Expression 16v 5dr



£5,495

black, air con, remote central locking, e/windows, e/mirrors, CD player, 48,000 miles

2007 (57)
Renault Megane 1.6,



£3,495

blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 57,000 miles

2011 (11)
Renault Clio Estate
1.6



£6,495

blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, half leather seats, Sat Nav, parking sensors, 16,000 miles only, one owner

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EXECUTIVE

2003 (52) Bentley Arnage 6.7 Twin Turbo, dark metallic green, light cream quilted leather, phone, sat nav, split rim wheels, 42,000 miles only, history, superb looking car, bargain, cost new £180,000 Was £39,995 Now £28,000
2011 (61) BMW 730 Diesel Auto, black, alloy wheels, climate control, cruise control, heated electric leather seats, Sat Nav, Parking sensors, one owner, remote locking, keyless start, 16,000 miles only, stunning Was £31,995 Now £25,995
2009 (59) Mercedes E350 CDI Coupe, black, alloy wheels, climate control, parking sensors, heated electric leather seats, remote locking, e/windows, e/mirrors, cruise control, 60,000 miles Was £19,995 Now £17,995
2003 (03) Mercedes SL350 Auto, silver, alloy wheels, climate control, heated electric leather memory seats, cruise control, Sat Nav, parking sensors, e/windows, e/mirrors, electric hood hard top, 59,000 miles Was £13,995 Now £11,995

SALOON & HATCHBACK

2009 (09) Ford Mondeo Zetec TDCi 5dr, silver, alloy wheels, air con, remote central locking, e/windows, e/mirrors, CD player, 47,000 miles £7,495 Now £6,495
2011 (61) Vauxhall Corsa 1.3 CDTi, grey, air con, remote locking, e/windows, e/mirrors, one owner, 39,000 miles only Was £7,495 Now £6,495
2008 (08) Mercedes A150, black, alloy wheels, air con, remote locking, e/windows, e/mirrors, half leather seats, CD player, 59,000 miles Was £6,995 Now £5,995
2011 (61) Renault Clio Expression 16v 5dr, black, air con, remote central locking, e/windows, e/mirrors, CD player, 48,000 miles Was £6,495 Now £5,495
2005 (05) Jaguar X-Type 2.0 Auto, blue, alloy wheels, air con, leather electric seats, remote locking, e/windows, e/mirrors, 58,000 miles Was £5,495 Now £4,495
2008 (08) Peugeot 308 1.4, silver, alloy wheels, air con, remote locking, e/windows, e/mirrors, 53,000 miles Was £4,995 Now £4,395
2006 (06) Hyundai Coupe 2.0, silver, alloy wheels, air con, leather seats, cruise control, e/sunroof, remote locking, e/windows, e/mirrors, CD player, 33,000 miles only Was £4,995 Now £3,995
2007 (57) Renault Megane 1.6, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 57,000 miles Was £4,495 Now £3,495

FAMILY CARS

2009 (09) Mitsubishi L200 Double Cab 2.5, grey, alloy wheels, central locking, CD player, 56,000 miles, NO VAT Was £10,495 Now £8,995
2007 (57) Nissan Qashqai 2.0, beige, alloy wheels, air con, remote locking, cruise control, parking sensors, e/windows, e/mirrors, 42,000 miles only Was £8,995 Now £7,995
2011 (61) Vauxhall Meriva 1.4, silver, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 17,000 miles only Was £7,995 Now £6,995
2011 (11) Renault Modus 1.6 Automatic, beige/silver, alloy wheels, air con, remote locking, half leather seats, cruise control, e/windows, e/mirrors, one owner, 18,000 miles only Was £7,995 Now £6,995
2007 (57) Citroen C4 Picasso 1.6 Diesel, mauve, alloy wheels, air con, remote locking, cruise control, parking sensors, e/windows, e/mirrors, CD player, 7 seater, 40,000 miles only, one owner Was £7,995 Now £6,995
2011 (11) Renault Clio Estate 1.6, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, half leather seats, Sat Nav, parking sensors, 16,000 miles only, one owner Was £7,995 Now £6,495
2011 (61) Vauxhall Meriva 1.4, beige, air con, remote locking, cruise control, e/windows, e/mirrors, parking sensors, one owner, 33,000 miles only Was £7,495 Now £6,495

SOLD 2009 (09) Renault Scenic 1.4 TCE, silver, alloy wheels, air con, remote locking, cruise control, Sat Nav, parking sensors, e/windows, e/mirrors, CD player, 40,000 miles only Was £7,495 Now £6,495
2008 (58) Ford C-Max 1.6, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, 49,000 miles Was £7,495 Now £6,495
SOLD 2011 (60) Vauxhall Meriva 1.4, blue, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 28,000 miles only Was £7,495 Now £6,495
SOLD 2009 (59) Vauxhall Astra Estate 1.7 CDTi, red, alloy wheels, air con, half leather seats, remote locking, e/windows, e/mirrors, CD player, £30 a year road tax Was £5,495 Now £4,495
2006 (56) Renault Scenic 1.6, grey, alloy wheels, air con, remote locking, e/windows, e/mirrors, CD player, 50,000 miles only Was £4,495 Now £3,695

AUTOMATICS

2011 (11) Renault Modus 1.6 Automatic, beige/silver, alloy wheels, air con, remote locking, half leather seats, cruise control, e/windows, e/mirrors, one owner, 18,000 miles only Was £7,995 Now £6,995
2011 (11) Renault Clio Estate 1.6, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, half leather seats, Sat Nav, parking sensors, 16,000 miles only, one owner Was £7,995 Now £6,495
SOLD 2006 (56) Nissan Micra 1.2 Auto, blue, remote locking, e/windows, CD player, 45,000 miles Was £4,995 Now £3,995

SMALL CARS

2010 (60) Mini One Diesel 1.6, yellow, air con, remote locking, e/windows, e/mirrors, CD player, 40,000 miles £0 road tax Was £8,995 Now £7,995
SOLD 2009 (09) Ford Fiesta 1.6 Ghia (new shape), purple, alloy wheels, air con, remote locking, cruise control, e/windows, e/mirrors, one lady owner, 34,000 miles only Was £7,995 Now £6,495
2011 (61) Vauxhall Corsa 1.3 CDTi, grey, air con, remote locking, e/windows, e/mirrors, one owner, 39,000 miles only Was £7,495 Now £6,495
2011 (61) Nissan Micra 1.2 New Shape, grey, remote locking, e/windows, CD player, ideal first car, cheaper tax & insurance, 34,000 miles only Was £6,995 Now £5,995
2011 (11) Fiat Punto 1.4 Evo, black, remote locking, e/windows, e/mirrors, CD player, one owner, 39,000 miles only Was £5,995 Now £4,995
2008 (08) Nissan Micra 1.2, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, 40,000 miles only Was £6,495 Now £4,995
2006 (06) Peugeot 107 1.0, red, remote locking, e/windows, CD player, 32,000 miles only, £20 a year road tax, ideal first car, cheap insurance Was £4,995 Now £3,995
SOLD 2007 (07) Fiat Panda 1.2, yellow, alloy wheels, air con, remote locking, e/windows, e/mirrors, CD player, 46,000 miles only, one owner Was £4,495 Now £2,995

CONVERTIBLES

2003 (03) Mercedes SL350 Auto, silver, alloy wheels, climate control, heated electric leather memory seats, cruise control, Sat Nav, parking sensors, e/windows, e/mirrors, electric hood hard top, 59,000 miles Was £13,995 Now £11,995
2009 (09) Ford Focus CC 2.0, bronze, alloy wheels, air con, remote locking, electric hood, e/windows, e/mirrors, parking sensors, CD player, 42,000 miles only Was £7,995 Now £6,495
2008 (08) Ford Focus 2.0 CC, red, alloy wheels, air con, electric power hood, remote locking, parking sensors, e/windows, e/mirrors, CD player, 53,000 miles only Was £6,495 Now £5,495
2008 (08) Peugeot 207 Sport Coupe Cabriolet, silver, alloy wheels, air con, remote central locking, power hood, heated seats, e/windows, e/mirrors, 62,000 miles Was £5,995 Now £4,995
2006 (56) Vauxhall Astra Twintop 1.6, blue, alloy wheels, air con, remote locking, e/windows, e/mirrors, electric hard top, CD player, 64,000 miles Was £5,495 Now £4,695
2006 (56) Renault Megane Convertible 1.6, silver, alloy wheels, air con, remote locking, electric hood, e/windows, e/mirrors, CD player, 53,000 miles only Was £4,995 Now £3,995

PART EXCHANGE

2005 (55) Ford Fiesta 1.25, blue, air con, remote locking, one owner, 108k £1,250

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2010 (60)
Mini One Diesel 1.6



£7,995

yellow, air con, remote locking, e/windows, e/mirrors, CD player, 40,000 miles £0 road tax

2011 (11)
Fiat Punto 1.4 Evo



£4,995

black, remote locking, e/windows, e/mirrors, CD player, one owner, 39,000 miles only

2009 (09)
Ford Mondeo Zetec
TDCi



£6,495

5dr, silver, alloy wheels, air con, remote central locking, e/windows, e/mirrors, CD player, 47,000 miles

2011 (61)
Vauxhall Meriva 1.4



£6,995 Choice of 2

Silver, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 17,000 miles only



SALE ENDS SUNDAY

SUZUKI CARS

2008/58 SX4 1.6 GL 5DR SUNLIGHT COPPER, 68,000 MILES.	WAS £3,995	£3,695
2008/58 SWIFT 1.3 GL 3DR SUNLIGHT COPPER, 49,000 MILES.	WAS £3,995	£3,695
2008/08 SPLASH 1.2 GLS 5DR GALACTIC GRAY, 39,000 MILES.	WAS £4,495	£3,995
2011/11 ALTO SZ4 5DR BLACK, 31,000 MILES.	WAS £4,995	£4,695
2014/14 ALTO SZ 5DR BRIGHT RED, 15,000 MILES.	WAS £4,995	£4,695
2009/59 SUZUKI SWIFT 1.3 DDIS 5DR SUNLIGHT COPPER 36,985 MILES.	WAS £5,495	£4,995
2011/11 ALTO SZ4 AUTOMATIC 5DR BLACK, 15,000 MILES.	WAS £5,495	£5,495
2010/10 SPLASH 1.2 GLS PLUS BRIGHT RED, SUZUKI BODYKIT, 21,569 MILES.	WAS £5,495	£5,995
2013/13 SPLASH 1.0 SZ2 5DR SUPERIOR WHITE, 8,500 MILES.	WAS £6,495	£6,000
2012/61 SWIFT 1.2 SZ2 5DR METALLIC WHITE, 22,000 MILES.	WAS £6,995	£6,250
2008/58 GRAND VITARA 2.0 EXEC 5DR BLACK, 67,000 MILES.	WAS £6,995	£6,500
2011/11 SWIFT 1.2 SZ4 5DR AUTOMATIC KASHMIR BLUE, 25,679 MILES.	WAS £7,995	£7,695
2013/13 SWIFT 1.2 SZL 3DR GALACTIC GRAY, 17,000 MILES.	WAS £7,995	£7,695
2012/12 SWIFT 1.6 SPORT 3DR SILKY SILVER, 33,251 MILES.	WAS £8,495	£7,995
2012/12 SWIFT 1.6 SPORT 3DR METALLIC RED, 38,259 MILES.	WAS £8,495	£7,995
2013/63 SWIFT 1.2 SZ4 3DR GALACTIC GRAY, 4,000 MILES.	WAS £9,295	£7,995
2014 63 SUZUKI SWIFT 1.2 3DR WHITE, 2,813 MILES.	WAS £9,395	£7,995
2013/63 SUZUKI SWIFT 1.2 SZ4 3DR COSMIC BLACK 10,125 MILES.	WAS £9,495	£7,995
2013/13 SPLASH 1.2 SZ4 AUTOMATIC 5DR SILKY SILVER, 9,000 MILES.	WAS £9,995	£8,250
2010/10 GRAND VITARA 1.9 DDIS SZ4 5DR BLUSH BLACK, 35,000 MILES.	WAS £10,995	£10,500
2014/14 SWIFT SPORT 3DR METALLIC WHITE, BLACK ALLOYS, BARCODE ROOF, 7,000 MILES.	WAS £12,000	£11,500
2013 63 SX4 S-CROSS 1.6 SZ3 WHITE, 7,360 MILES.	WAS £12,495	£11,995
2013 63 SX4 S-CROSS 1.6 SZ-T BLACK, 8,178 MILES.	WAS £13,995	£13,495



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SALE ENDS SUNDAY

2013 63 SX4 S-CROSS 1.6 SZ-T GREEN, 9,774 MILES.	WAS £13,995	£13,495
2014 14 SX4 S-CROSS 1.6 DDIS SZ4 WHITE, 9,983 MILES.	WAS £14,995	£14,495
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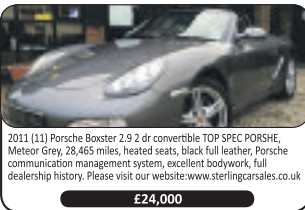


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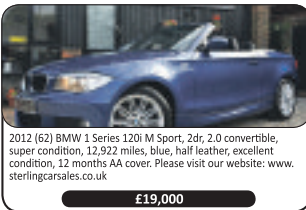
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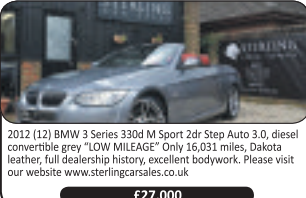
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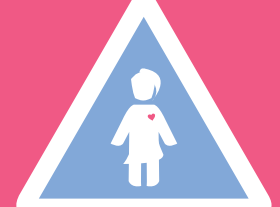
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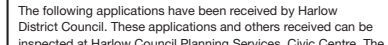
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Planning (Listed Buildings and Conservation Areas)
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PUBLIC NOTICE OF APPLICATIONS

The following applications have been received by Harlow
District Council. These applications and others received can be
inspected at Harlow Council Planning Services, Civic Centre, The
Water Gardens, Harlow, Essex CM20 1WG on Monday-Friday,
9am-4.45pm. If you are unable to view the plans during these
times, please telephone Planning Services on 01279 448856
where a suitable appointment can be made with the relevant
case officer.

Anyone who wishes to make representations about these
applications should write to the Council at the above address
within 21 days of the date of this notice.

Application No HW/PL/14/00561 Ward: Toddbrook
Application Type Full Planning Permission
Location Redstone House, Crown Gate, Harlow, CM20 1NL
Proposal Erection of an additional storey on top of
the five-storey building to create four new
one-bedroom flats.
Reason for Advert Local Public Interest



Legal Notices

GOODS VEHICLE OPERATOR'S LICENCE

KIERAN FITZPATRICK trading as A & K SKIPHIRE LTD
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is applying for a licence to use UNIT 4, EASTWICK HALL
FARM, EASTWICK, HARLOW CM202RA as an operating
centre for 1 goods vehicles and 0 trailers and to use,
Owners or occupiers of land (including buildings) near
the operating centre(s) who believe that their use or
enjoyment of that land would be affected, should make
written representations to the Traffic Commissioner
at Hillcrest House, 386 Harehills Lane, Leeds,
LS9 6NF, stating their representations to the applicant
at the address given at the top of this notice. A Guide
to Making Representations is available from the
Traffic Commissioner's office.

Licensing Notices

LICENSING ACT 2003 PUBLIC

NOTICE OF APPLICATION IN A LOCAL NEWSPAPER
APPLICATION FOR A PREMISES LICENCE
(Section 17 of the Act)
Bruno Mella, Bruno's Trattoria, 34 High Street, Old Harlow, CM17 0DW

It is proposed to carry on the following licensable activities;
Live music- Monday to Saturday: 8pm to 11pm
- Sunday: 8pm to 10pm
Recorded music - Monday to Saturday: 11am to 2.30pm and
6pm to 10pm
Supply of alcohol - on sales - Monday to Saturday: 11am to 11pm
Supply of alcohol - on sales - Monday to Saturday: 11am to 11pm -
Sunday: 11am to 10pm

Any representations by a Responsible Authority or any other person
must be made in writing to the address below by:
Monday 9 February 2015

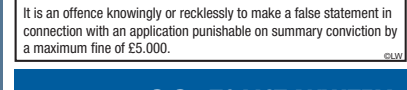
The Licensing Register may be inspected at the Licensing Authority,
Harlow District Council, Civic Centre, The Water Gardens, Harlow,
Essex CM20 1WG between 10:00 and 16:00 Monday to Friday
except public holidays. Details can also be found on the Councils
website: www.harlow.gov.uk/licensing

It is an offence knowingly or recklessly to make a false statement in
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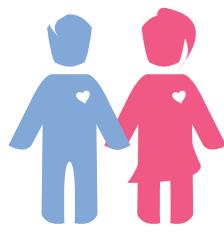
Text your Valentine's Day Message in three simple steps!

- 1 Start your text with **HARLO** followed by a space
- 2 Enter your message details comprising of no more than 20 words.
- 3 Send your text to **84915** (message charged at £1.50 plus your standard message rate)

Your Valentine's Day message will appear in the Harlow Star
and online on Thursday 12th February.

All messages charged at £1.50 per text plus your standard message rate and are subject to approval.
Messages must be booked before 3pm Monday 10th February & will appear in print and online on Thursday 12th February

Valentine's Messages



Public Notices

Essex County Council

**Section 53 Wildlife and Countryside Act 1981
Definitive Map and Statement for the County of Essex
The Essex County Council Definitive Map
Modification No. 593 (Footpath 124 Harlow, Harlow
District) Order 2014**

The above Order made on 12th December 2014, if confirmed as made, will modify the Definitive Map for the area by:-

1. Adding a footpath, to be known as Footpath 124 Harlow, running from the southern end of Well Lane, off Elizabeth Way, westerly along and inside the northern boundary of Canons Brook Golf Course to the western boundary then southerly along the eastern side of the boundary to meet Fourth Avenue. The width shall be stated as 1.5 metres.

2. Deleting Footpath 124 Harlow, from Elizabeth Way, west of Well Lane, southerly through Canons Brook Golf Course to meet Fourth Avenue
- A copy of the Order and the Order map may be seen free of charge during normal office hours at Harlow District Council, Civic Centre, The Water Gardens, College Square, Harlow CM20 1WG, and at the Chelmsford Library, Market Road, where copies will be available on request at a charge.

Any representation or objection relating to the Order must be sent in writing to the Director for Essex Legal Services, Essex County Council, New Bridge House, 60-68 New London Road, Chelmsford, CM2 0PD, to arrive not later than 12th March 2015, and it is requested that the grounds on which it is made are stated.

If no representations or objections are duly made to the Order, or if any so made are withdrawn, the Essex County Council, instead of submitting the Order to the Secretary of State, may itself confirm the Order. If the Order is submitted to the Secretary of State for the Environment, Food and Rural Affairs, any representations or objections, which have been duly made and not withdrawn, will be sent with it. Date: 22nd January 2014

P M Thomson, Director for Essex Legal Services, Essex Legal Services, New Bridge House, 60-68 New London Road, Chelmsford, Essex CM2 0PD

**North Essex Parking Partnership (Broadfields, Harlow)
Temporary Traffic Restrictions**

Notice is hereby given Colchester Borough Council acting on behalf of the North Essex Parking Partnership in exercise of the delegated powers of the traffic authority Essex County Council granted under an Agreement dated 31 March 2011 has made the following order under Section 14 (1) of the Road Traffic Regulation Act 1984.

**The Essex County Council (Broadfields, Harlow)
(Temporary Waiting and Loading Restriction) Order 2015**

Effects of the order: To introduce no waiting and no loading restrictions in those lengths of road described below. The restrictions are required to avoid danger to the public and other traffic on the road and to prevent the likelihood of any such danger occurring.

Broadfields, Harlow

To suspend the following order: Permit Holders only 8am to 8pm

To replace with: No waiting and no loading between 7am and 4pm Monday to Friday

On the following lengths of road

North Side - from a point opposite the boundary line of numbers 135/136 Broadfields, northwest for 11 metres

South Side - from a point opposite the boundary line of numbers 135/136 Broadfields, northwest for 18 metres

The District of Harlow (On Street) (Waiting Loading and Parking) (Consolidation) Order 2011 shall be temporarily amended in so far as it relates to the waiting restrictions detailed in this Notice.

The Order came into operation on 16th January 2015 and may continue in force for up to 18 months.

Date: 22nd January 2015

Richard Walker, Parking Partnership Group Manager, Colchester Borough Council, Rowan House 33 Sheepen Road, Colchester, CO3 3WG

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Simply text **REG** followed by your first name, date of birth and your advert (max 155 characters) and send to **80098**
FREE Standard Network rates apply.

To Reply to members from your landline call: **0906 500 3656**
calls cost £1.53 per min

Have the adverts 6-digit box no written down and do key-it-in when asked. Most people will be asked to leave contact details for replies.

For a quicker service from your mobile call: **0906 500 5650**
calls cost £1.53 per minute plus network charges

Or TEXT...REPLY (leave a space) the six-digit box number (leave a space) and then enter your message (max 160 characters) and send to **80098** eg: REPLY 123456 hi get in touch... then send to **80098** Successfully received messages cost £1.50 per message (Max 160 characters). You must exchange 7 messages each before you can swap contact details. Messages may be moderated for your safety and security.

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female seeking

REMEMBER: Calls cost £1.53 per minute plus network extras.

TERESA 39, petite, cuddly and bubbly seeks kind older male to travel, have fun, and take care of, pamper and flirt with. Tel No: 0906 500 3656 Box No: 416081

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. Tel No: 0905 002 1880 Box No: 413399

LUCY stunning tall brunette, looking for exciting times, seeks like-minded, adventurous male who is willing to try anything once or maybe even twice! Tel No: 0906 500 3656 Box No: 416079

ADVENTUROUS sexy lady, 38yrs, married but seeks no strings fun with discreet man, any age. I'm tall, slim and dominant. Aca. Tel No: 0905 002 1934 Box No: 415301

PETITE blonde, blue eyes, very feminine and sensual seeks younger male for friendship and discreet fun. Can accommodate. Tel No: 0906 500 3656 Box No: 416077

ANNE, mid 40's, cheerful busty curvy affectionate real woman! Seeks gent, any age or looks for nights at mine. Tel No: 0905 002 1950 Box No: 410291

SARAH 29yr old pretty slim single mum of one, interesting, lively, good fun, enjoys nights in/out, music, seeking similar easy going, genuine, honest man/dad to get to know. Tel No: 0906 500 3656 Box No: 415841

DISCREET lady, 42yrs wants to make you happy, come to me and let me do that for you. Aca. Tel No: 0905 002 1954 Box No: 409901

ANGIE attractive nurse 39yrs, new to area/advertising, likes dog walking, being sociable, meals in/out, WLTm honest, fun male for possible ltr. Looks unimportant. Tel No: 0906 500 3656 Box No: 415827

ALISON, 27 busty, shapely lady seeks fun only with broad minded man. Aca. Tel No: 0905 002 1958 Box No: 416073

LISA attractive petite Filipino female, very lonely, wanting to find love, companionship and to be happy, looking for friendship and more. Tel No: 0906 500 3656 Box No: 415549

JANET, 36yrs Scottish lady, too shy to go out but loves to chat from home. Will answer all texts. Text Only Mailbox Box No: 4627442

INTELLIGENT funny guy without a huge ego required for damaged heart. Casey 39, size 10, curves in all the right places, pretty, kind, loving, genuine, romantic and available. Tel No: 0906 500 3656 Box No: 415509

MELANIE, sophisticated solvent brunette wlm working man of any age, im 32yrs. Text Only Mailbox Box No: 4627443

JENNY voluptuous blonde tanned well presented female, enjoys being and giving pampering, cooking, cosy nights, looking for some broadminded excitement. Tel No: 0906 500 3656 Box No: 415399

LINDY, new to area, hoping to meet kind many of any age, looks unimportant. Im 43yrs blonde and petite. Text Only Mailbox Box No: 4627444

JENNY 38, petite, blonde busty, looking for my sugar daddy. GSOH. Tel No: 0906 500 3656 Box No: 415311

PAMELA, married to boring man! Text only for fun phone frolics. Text Only Mailbox Box No: 4624149

JACKIE very pretty leggy well-mannered, educated 28yr old female, loves nights in/out, sports, WLTm sincere male up to 35yrs for friendship, hopefully ltr. Tel No: 0906 500 3656 Box No: 415377

JULIA, seeks fifty shades of grey! You should be strong minded and seeking fun. Text Only Mailbox Box No: 4627445

DONNA 36yrs un-modest but very attractive, nice eyes, good figure, GSOH, OHAC, great job, sick of never meeting Mr Right, looking for someone special. Genuine male please. Tel No: 0906 500 3656 Box No: 415187

SUSIE bubbly blonde looking for fun. Age/looks unimportant but must have a sense of adventure. Can travel and accommodate. Text Only Mailbox Box No: 4624145

JOYCE 39, attractive GSOH, loves nights out, honest, loyal, fun to be with, looking for mature male for adult companionship, meals out and hopefully more. Tel No: 0906 500 3656 Box No: 415561

PHILIPPA 22yrs just left boarding school, hoping to meet experienced working class man for real life fun. Text Only Mailbox Box No: 4624147

NICOLETTE 32 petite professional attractive black female looking for similar hardworking white male who like me loves life and is serious about finding a LTR. Tel No: 0906 500 3656 Box No: 415545

SLIM brunette 36yrs hoping to meet older gent for friendship, fun, maybe more. Text Only Mailbox Box No: 4624146

PAT blonde blue eyed curvy, cuddly female, attractive, likes swimming, gardening, holidays, my job/home, looking for happiness with quiet content grounded male. Tel No: 0906 500 3656 Box No: 415533

PAMMY 42yrs, recently divorced and fancy becoming a "cougar". Text Only Mailbox Box No: 4624148

MANDY 35, petite attractive slim female with very GSOH, likes to keep fit, meals in/out, WLTm genuine child friendly guy/dad for fun times together. Tel No: 0906 500 3656 Box No: 415513

ALISON 27yr old very bored broadminded female with plenty of free time on her hands looking for some adult fun times. Call me, I won't disappoint. Tel No: 0906 500 3656 Box No: 415177

DEE lonely divorced female, slim, bubbly, attractive redhead, loves puddles, looking for a man who can restore my faith in love and make me laugh. Tel No: 0906 500 3656 Box No: 414961

JACKIE extremely sensual lady but for your eyes only! Likes horses, keeping fit, gardening looking for genuine love interest and companionship. Tel No: 0906 500 3656 Box No: 414721

TERI separated single lady, blonde, blue eyes, slim, WLTm compatible male for genuine friendship, meals out, weekends away, nights out and more. Tel No: 0906 500 3656 Box No: 414361

ATTRACTIVE Princess, 50, likes music, good things in life, seeking Prince, charming with GSOH, honest and generous to bring happiness and love. Tel No: 0906 500 3656 Box No: 414791

EMMA slim 5ft 8ins, single employed female with OHAC, enjoys many interests, gym, music, easy-going, genuine, supportive, seeking similar male for a chat, maybe a date. Tel No: 0906 500 3656 Box No: 414957

JEAN slim blonde divorcee bubbly affectionate, romantic with lots of love to give, looking for man who knows how to look after a lady or for meals in/out, friendship/ltr. Tel No: 0906 500 3656 Box No: 414699

DEBBIE brown eyed attractive social female, romantic, good listener, loves children, looking for similar nice male/dad to get to know, hopefully leading to more. Tel No: 0906 500 3656 Box No: 414383

TALL lovely lady 50's, long hair, likes pina colada and getting caught in the rain, seeks genuine, loyal, homey man with GSOH and 6ft in height. Tel No: 0906 500 3656 Box No: 414575

male seeking

REMEMBER: Calls cost £1.53 per minute plus network extras.

MARK 50, single dad, looking for female, 40-50 for friendship and LTR. Tel No: 0906 500 3656 Box No: 416115

MALE 68 year old lonely, widowed, like to meet lady of similar age. Text Only Mailbox Box No: 4628040

ACTIVE honest, reliable, loyal, N/S male, 70, varied interests, seeks slim, positive, 60's lady for friendship and more. Tel No: 0906 500 3656 Box No: 415931

MATTHEW, 43 widower, business manager, solvent, reasonable looks but lonely. Text Only Mailbox Box No: 4624150

WIDOW 60's, nice, likes meals out, walks, cooking, seeking nice gent to be with, 63-73 for friendship and who knows. Tel No: 0906 500 3656 Box No: 415789

STEWART looking to meet Natasha who we met in the Star and Garter on 13/12/14, please call. Tel No: 0906 500 3656 Box No: 414815

KENNY 49, medium build, 6ft, fit seeking lady for discreet fun. Tel No: 0906 500 3656 Box No: 414815

ESSEX based retired male, 5ft 11ins, handsome grey spiky hair, fun loving, seeks female. Tel No: 0906 500 3656 Box No: 415725

TROY 39, 6ft 1ins, muscular, seeking female for fun times. Tel No: 0906 500 3656 Box No: 415693

BUILDER 45, tall, good looking, kind, considerate, easy going seeks female. Tel No: 0906 500 3656 Box No: 415315

SLIM fit, active 70yr old N/S male, likes music, walks, cinema, quizzes, seeks slender, warm hearted 60's lady for company. Tel No: 0906 500 3656 Box No: 415185

SFT 11ins male, mid 70's, OHAC, likes holidays, walks, Europe, nights in/out, seeks female. Tel No: 0906 500 3656 Box No: 415627

DEAN 5ft 10ins, medium build, nice, gentle, genuine, loving, funny, outgoing, energetic, likes nights in/out, seeks similar female. Tel No: 0906 500 3656 Box No: 414277

BUILDER 45, tall, good looking, GSOH, kind, considerate, easy going, seeks female. Tel No: 0906 500 3656 Box No: 415227

MATURE romantic, sincere, single gent, young 60, blind from birth, GSOH, lots of love/affection, seeking lovely lady 40-65 for LTR. No time wasters. Tel No: 0906 500 3656 Box No: 414839

59YR old male, seeking female for no strings fun. Tel No: 0906 500 3656 Box No: 414533

BUILDER 45, tall, good looking, GSOH, kind, considerate, easy going, seeks female for relationship. Tel No: 0906 500 3656 Box No: 414531

KIND caring, active, honest, reliable N/S male, 70, many interests, seeks warm hearted, positive, loyal, slim 60's lady for LTR. Tel No: 0906 500 3656 Box No: 414529

DEAN 5ft 10ins, average build, nice, gentle, genuine, loving, funny, outgoing, likes nights in/out, seeks similar female. Tel No: 0906 500 3656 Box No: 414277

CHRISTOPHER 40, naughty, seeks female, any age for broad-minded adult fun and games. Tel No: 0906 500 3656 Box No: 414099

MALE seeking N/S female, 50-65 for relationship. Tel No: 0906 500 3656 Box No: 414085

CHRIS 42, vegetarian, N/S, non drinker, likes films, bands, theatre, seeks female, 30-40 in Dagenham or surrounding areas. Tel No: 0906 500 3656 Box No: 414083

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Swimming

Penguins hit top form for Essex medal feast

Swimmers put club back on map with county success

by Alan Scott

alan.scott@hertssexnews.co.uk

HARLOW Penguins swimmers enjoyed a medal bonanza at Basilidon in the Essex County Championships.

The squad of 50 swimmers achieved seven gold, six silver and nine bronze medals.

In addition a further 16 swimmers made finals, while personal best (PB) times were smashed out of sight with some massive improvements.

Penguins' Essex county champions were Carys Brealey (2), Karl Batorski (2), Alessandro Rioda, Max McAuliffe and Bradley Veitch.

Carys showed what an outstanding prospect she is for Penguins, by winning the girls' 10/Under 50m freestyle in a time of 29.98sec.

She is now ranked number two in the UK in this stroke.

This was followed up with further success in the 50m breaststroke, setting a PB of 41.55.

In addition, Carys won silver in the 200m individual medley (IM) in 2:50.98, and took bronze in the 200m backstroke (2:44.09), a nine-second improvement on her previous best.

Penguins were dominant in the youngest 10/U age group.

As well as Carys, Alessandro Rioda is also ranked second in the UK in his age group after winning his favoured 10/U 50m butterfly in 33.88.

He also gained silver in the 100m IM (1:17.80) and was third in the 50m backstroke (36.39).

Magnificent

Also in the 10/Under boys, Max McAuliffe claimed a magnificent victory in the 200m freestyle in 2:28.07.

He was second in the 200m breaststroke (3:10.97) and third in the 100m IM (1:19.34).

Karl Batorski produced some



COUNTY CREAM: Carys Brealey with her Essex medals and (right) Karl Batorski shows off his



amazing swims in the men's open 200m IM (2:06.05) and 100m IM (57.65).

He was also second in the 50m freestyle (23.05) and 50m backstroke (27.02).

Bradley Veitch, the club's boys captain, proved he is the fastest 15/U 50m freestyle swimmer in the county, claiming victory in a PB of 25.53.

Bradley followed this up with second place in the 200m butterfly (2:18.85) and bronze medals in the

100m IM (1:04.60) and 200m IM (2:18.86, a seven-second improvement on his previous best).

There were further third place medallists for Penguins in the men's 200m butterfly, where Mason Arnold achieved a PB of 2:15.57, Silvester Havrillay in the 13/U 200m breaststroke (2:59.08) and Kirsty Vears in the girls' open 200m breaststroke (2:51.79).

Penguins also shone in the team relay events.

The most impressive perform-

ance was in the senior men's 200m medley relay, where Harlow's Lee Baker, Hayden Thomas, Jamie McLaughlin and Karl Batorski combined to gain third place.

At the other end of the age scale, four Penguins were making their competitive debuts at the county championships.

Ben Stringer, Kade Wright, Alex Knight and Lucas Hine swam in the 10 & Under 200m medley relay and finished a credit-

able fifth in the final, all show-

ing great promise for the future.

Overall, Penguins had 22 medallists and 32 finalists in the first of three Championship weekends.

By contrast, in 2014 the club had 15 finalists over the whole event.

"This is a huge improvement and puts swimming high on the list of sporting achievements in the town," beamed Penguins head coach Martin Stringer.

The club trains at Harlow Leisurezone in Second Avenue.

Bates beats 17-year-old running record

JIM BATES improved the Harlow Running Club 10 mile Vet 70 record – which had stood since 1998 – by more than 90 seconds.

Competing in the Fred Hughes 10 mile race at St Albans, Bates was 335th out of 732 finishers in an excellent 1hr 21min 25sec.

It was his debut at the distance, but he left lots of younger runners in his wake.

He was followed home by Sean Flynn, who was 437th in 1.25:18 and Andy Kinney, 603rd in 1.34:41.

Meanwhile, at the Folkestone 15 mile race, Jamie Jephcott was 62nd out of 440 finishers in a superb 1.44:23.

At the multi-terrain and hilly Benfleet 15, Brendon Maclean was 211th out of 577 finishers in a personal best (PB) time for the distance of 2.14:00 and he was followed by Holly Nairn, 501st in 2.54:48.

At the Harlow parkrun 5K, John Bull came home tenth out of 113 finishers in 23:05.

He was followed home by Andy Ramage (12th in 23:42), Paul Dixon (15th in 24:13 PB), Robin Lozeau (22nd in 25:36), Terry Pike (32nd in 27:05), Alison Bull (47th in 28:51), Jane Evans (48th in 28:52), Alan Wellbelove (52nd in 29:17), Pushpa Mistry (61st in 31:04) and Emily Clibbens (76th in 33:35 in her debut at the distance).

At the Gunpowder parkrun 5K at Waltham Abbey, Daniel Jephcott was fifth out of 215 finishers.

He was second fastest U20 in 20:29.

Richard Smith was 32nd in 24:06 (PB).

At the Panshanger parkrun 5K at Hertford, Sean Flynn finished in 68th place in 25:03. Some 215 runners finished the race.

Newcastle hail next for Essex

ESSEX Leopards will look to continue their best ever start to a league season when they travel to Newcastle to face Team Northumbria on Saturday.

The Big Cats remain second in NBL Division One with a 9-1 record following Sunday's 70-61 victory against Manchester Magic at the Brentwood Centre, sitting one win behind Derby Trailblazers with three games in hand.

Fifth-placed Northumbria are the only side Leopards have yet to face this season.

In a tight game against Manchester, the Big Cats never trailed after Lawrence Brown had given them a 6-5 lead after two minutes, but it wasn't until the closing stages that they wrapped up the win.

Dave Ajumobi led 11 Leopards on the scoresheet with 14 points, with Will Ashby and Lukas Winegarner adding ten apiece and Courtney Van Beest enjoying six rebounds to go with his eight points.

Leopards went agonisingly close to beating Surrey Heat in the BBL Trophy on Friday before going down 69-64 against the full-time side.

A 21-11 fourth period saw Robert Youngblood's team force a thrilling climax before the visitors sealed the game at the foul line.

Ajumobi led the Big Cats again with 17 points.

Gladwin takes over as captain

FORMER Hertfordshire county cricketer Neil Gladwin has taken over as first team captain at Harlow Town.

A fantastic player, Gladwin (pictured right) rejoined Town at the start of last season.

He replaces Ashley Alderson, who has stepped down due to a recurring back injury that will prevent him from bowling.

The arrival of former Saffron Walden wicket-keeper Gladwin and ex-Sawbridgeworth captain Joe Holland strengthened Town considerably last year.

They were denied the Shepherd Neame Essex League Division Three title on the last day, but were still promoted to Division Two. They will be dark horses to secure a second promotion this season.

Club spokesman Jason Gladwin, Neil's brother, said: "There have been some exciting changes this year with players stepping up into the captains roles as the club looks to build on last season's success."

"The first team will be hoping to perform well in their first season in Division Two and will be hoping to establish themselves while looking for a potential promotion push."

Ben Eversden takes the reins as second XI skipper, replacing Jason Gladwin as they look to seal back-to-back promotions.

Gladwin added: "The two are looking very strong this season and they will be hoping to challenge hard for the Division Two title next season with the potential quality of players

available."

In the thirds, John Simpson has stepped down after he missed all of last season due to back surgery.

He hopes to play regularly. Johan Cloete takes over and he will be assisted by young wicket-keeper Jake Messenger.

In the fourths, Lee Richardson is the new skipper as he combines his role as U15 and girls team manager.

He hopes to help some of the club's talented youngsters make their way into adult cricket with veteran Paul Smith providing able support.

Gladwin added: "The thirds will also be looking to be challenging in the top four in Division Two and the fourths will look to consolidate."



In brief

Gunners on way to town

FOOTBALL: Arsenal Soccer Schools Essex are running sessions this February half-term.

These will take place at Passmores Academy in Traces Road.

The course will run from 10am to 3pm on Monday 16th, Tuesday 17th, and Wednesday February 18.

The courses, which are designed for five to 11-year-old boys and girls, are based on the same techniques employed by Arsenal manager Arsene Wenger at the Gunners' academy.

Participants don't have to be future Premier League stars to enjoy the course, which welcomes boys and girls of all ability levels.

The emphasis is on having fun.

All players who attend the full course will receive a player report card, an Arsenal Soccer Schools gift and a medal.

There will be lots of other prizes including the coveted Player of the Week trophy.

For more details on Arsenal Soccer Schools visit: www.playthearsenalway.com or call the hotline on 01442 938 475.

Mixed day for hockey teams

HOCKEY: There were mixed fortunes for Harlow Hockey Club's teams which defied the frozen conditions to play league matches last weekend.

In the East Men's Hockey League, Harlow were in a seven-goal thriller at East London fifths in Division Six South East.

Reece Boughtwood and Andrew Boughtwood (2) got the goals in a 4-3 loss.

In Division Four of the Essex Women's League, Harlow seconds remain in a strong position for promotion after a 3-1 home win against Waltham Forest fourths.

Tracey Taylor, Tamami Ninomiya and Stephanie Hawes got the goals.

Harlow's first team were not in action in the Premier Division.

Plucky effort from Colts

RUGBY: Ral Onyema grabbed the only Harlow Colts try as they produced a courageous effort with only 14 players.

The Young Rams lost 10-5 at home to Enfield.

Full-back Alex Beard made a sensational try-saving tackle against an Enfield forward who towered above him.

There were mixed results for the Harlow minis in a series of matches against Stevenage.

They lost 8-5 and 5-4, but won one game 6-5.



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Rugby

Coach tribute as 40 is no barrier for Palmer

Lock defies age barrier as he continues rugby career

London Division 3NE

Harlow 17
Wanstead 7

RAMS coach Lee Harron paid tribute to 40-year-old lock Kerry Palmer, who continued to show his evergreen nature with a substitute appearance in the 17-7 home victory over Wanstead.

Palmer has been with the Elizabeth Way club for nearly 30 years and first appeared for the U14 team in the 1980s.

The result left Harlow in fourth place in London Division Three North East and ramped up the pressure on the top three.

Harron said: "I'm delighted that we won today. The pitch made it hard for both sides but our grit and determination won through."

"I'm especially pleased that Kerry Palmer got another run out - to be playing six and half minutes every week at the age of 40 is inspiring."

Playing down the hill in the first half, Harlow made a good start, pinning the visitors in their own 22.

The early pressure was rewarded after five minutes with the hosts working a rolling maul close to the try line before Josh Drake touched the ball down. Danny Smith converted.

It wasn't until the 26th minute, when Wanstead tried to put the ball wide, that Harlow intercepted and scored again.

Robust

From the base of a ruck, Charlie Woodington kicked downfield, and Rob Mackie won the race to the ball, picking it up just short of the line and diving over in the corner.

Smith missed the conversion to leave Harlow 12-0 up.

Wanstead fought back, but some robust defence from the Harlow backs and forwards, in particular Kain Claridge for tackling around the fringes, and vet-



TOUCH DOWN: Josh Drake gets the Rams off to a flying start against Wanstead with an early try. (Inset) Kerry Palmer

Main photo by Dave Sharp

eran 37-year-old captain Shaun Roberts, for his cover defence, kept the visitors out.

The Rams missed a great opportunity to secure a third try before the break.

Almost immediately after the restart, Wanstead scored their first and only try of the match. Working the ball blind from a scrum in the middle of the pitch,

the Wanstead No 8 combined with their scrum-half to create an overlap and they scored under the posts. The successful conversion made it 12-7 with 35 minutes to play.

A period of intense pressure on the Harlow line ensued, with the home team struggling to escape from their 22 on an increasingly heavy and muddy pitch.

Strong tackling from Rams saw the Wanstead No 8 drop the ball just short of the line.

With ten minutes to go and Wanstead attacking on the halfway line, Mackie intercepted a pass and outpaced the chasing defenders to score his second try and secure the win for Harlow, which kept them five points outside the top three.



Boss' joy at fifth straight win

Ryman North
Soham Town Rangers 0
Harlow Town 1

What proved to be the only goal came in the 13th minute.

Alex Read avoided the attentions of three defenders in the Soham penalty area before laying the ball off for Small to fire into the net from close range.

Before the break, Soham hit the bar and then had an effort cleared off the line by Harlow centre-half Sam Holloway.

Small was denied a second when the Soham keeper saved from point-blank range.

Hawks keeper Ed Thompson made two excellent saves, at either end of the second period.

Read, already on 28 league goals this term, was denied by the home custodian.

The Hawks were in control for

the main and held on for another three points towards their promotion hopes.

Chapman was pleased to see new signings Leon Antoine and midfielder John Glowacki, as well as Small, come through a difficult game in heavy conditions. "They have just not played too many games lately," said Chapman.

The Harlow boss admitted his team's link-up with Essex Senior League side Enfield 1893, who play their home matches at The Harlow Arena, is paying dividends.

Centre-half Warren Goodhind, battling back from injury, came through a league match for Scott Curley's men on Tuesday. They lost 3-2 to Waltham Forest.

"It helps [Enfield] have a better quality of player and it helps us to get players back from injury," added the Hawks boss.



JEEPERS KEEPERS: Hawks keeper Ed Thompson is alert as he punches clear against Soham Town Rangers

Photo by Keith Heppell

TOP PERFORMERS: Lewis Harknett (left) and Canaan Solomon triumphed at the Essex County Championships



Hot duo qualify for English Schools

CANAAN SOLOMON and Lewis Harknett returned from the Essex County Championships in Colchester with gleaming gold medals.

Harlow Athletic Club member Lewis Harknett was in sizzling form in his U15 age group.

His superb time gained the Stewards School student automatic selection for this year's English Schools Championships at Blackburn in March this year.

Meanwhile, Harlow-based Woodford Green AC member Canaan continued his stunning progress.

Eight Harlow-based youngsters travelled to Hilly Fields for this year's championships representing their district West Essex in frosty conditions.

Lewis took an early lead in the junior boys' race and controlled the race superbly from the front as he crossed the line in 17min 34sec over the 4.2km course.

Canaan followed Lewis's example and led throughout the

intermediate boys' race over the 5.5km course to finish 15 seconds clear in the middle of a snow shower and will join Lewis at the English Schools Championships.

The pair are coming into excellent form at the right time prior to major championships.

Both will also represent Essex at this year's South East Of England Inter Counties at Reigate, Surrey at the end of this month.

They will be joined by Jodi Ratcliff (16), a Mark Hall School student.

She was fourth in the intermediate girls' race over 4.2km in 17:14.

An excellent run came from Hayden Maleary (13), a Burnt Mill student, who was ninth and gained his first Essex vest as the top 16 were selected for the UK CAU Inter Counties Cross Country Championships on March 7 at Birmingham.

Hayden followed Lewis home in 18:28.

Lewis's brother Owen, who is recovering from an injury, ran

well for 43rd in 19:52.

Hayden has also been selected for the Essex team to compete at the UK Inter Counties Championships. This will be televised live on Sky.

Other Harlow Athletic Club members already picked for the championships are: U13 – Kai Boggan (Cams), Ben Sloan (Essex reserve); U15s – Lottie Rowedder (Herts), Katie Champion (Herts reserve); Lewis Harknett (Essex), Siena Taylor (Essex reserve); U17 – Rebecca Vears (Herts).

In the senior boys' race, Harlow AC runner Donald Campbell, studying at Harlow College, was 22nd over 6.5km in 23:47.

In the junior girls race over 3.3km, Siena Taylor (13), a Burnt Mill student, was 18th in 14:25.

Behind Siena was Olivia Corbett (13), a St Mark's pupil.

She fell early in the race but pluckily finished 24th in 15:52.

Hannah Page (12), a Burnt Mill student, was 37th in 15:44.

Julia Sokol was 40th in 15:52.



WITCH HUNT: Luke Bowen in action for Rye House last year
Photo by Ian Bush

Rye House Rockets ready for a Witch hunt

HAVING finished with the wooden spoon last season Rye House Rockets will be champing at the bit to get their new campaign off to a winning start.

However, they will have their hands full when their 2015 season kicks off at their Hoddesdon circuit on Saturday, March 21 (7pm start).

The Rockets go straight into official competition against arch-rivals Ipswich in a League Cup match-up.

Promoter Len Silver's team will certainly have a point to prove against the Suffolk side, who completed a four-match winning sweep in the teams' Premier League head-to-heads last year, going on to reach the play-offs after a third place finish and also reaching the Knockout Cup Final.

The Witches are determined to fly even higher in 2015, naming World Cup Lion Danny King as their new number one, and also adding Nico Covatti – who finished fifth in the Grand Prix Challenge – to their ranks.

Former Rocket and double British U-19 champion Stefan Nielsen is their third new face, while the rest of their side has a more familiar look, with World U-21 finalist Gino Manzares, Rohan Tungate, Cameron Heaps and former Rye House star Ritchie Hawkins all retained from last year.

It will be a tough test to the Rockets' ambitions for the new campaign – but they will have their own brand of excitement and potential on show.

Rockets are spearheaded by a heat leader trio of former World Cup Lion Edward Kennett, Cardiff Grand Prix reserve Jason Garrity and British newcomer and triple World U-21 finalist Nikolaj Busk Jakobsen.

With Harlow's Luke Bowen, Steve Boxall and Kasper Lykke also in the Rockets line-up, the League Cup fixture should certainly provide plenty of fireworks.

■ More Rockets news online.

Football

Shirt deal with burger chain – Colts loving it

Youth football club secure sponsorship windfall cash

by Alan Scott

alan.scott@hertssexnews.co.uk

LANGLEY Colts Youth FC is celebrating after receiving a stylish new set of threads thanks to their local McDonald's restaurant.

The Harlow group of restaurants have donated kit to the team as part of the new McDonald's FA Charter Standard kit scheme.

Their U10 and U11 teams are some of the first in England to benefit from the new community programme.

These are run in partnership with the FA and their official kit supplier Nike, and they enable all 4,600 FA Charter Standard football clubs with a junior team in England the chance to order a new strip every year for the next four seasons.

The scheme has the potential to provide 250,000 kits nationwide, 150,000 of which are in England, and aims to help raise the standards of grassroots football for young aspiring footballers.

To mark the occasion, Langley Colts YFC held an event ahead of a home match, where local McDonald's franchisee and community football supporter, Tony Fagg personally delivered the kit to the team.

Mr Fagg has supported Langley Colts YFC since 2008 by providing them with essential kit and equipment.

Aspiring

He said: "Grassroots football clubs such as Langley Colts YFC are vital for communities, as they provide young people with the opportunity to get involved in football and feel part of a team.



GET SHIRTY: The Langley Colts team with their new kit, supplied by McDonald's

"Clubs give up countless hours in order to provide high quality football opportunities to members of the local community.

"It's important that businesses like McDonald's support them and help to create the best possible experience for young aspir-

ing footballers."

Jason Rogers, from Langley Colts YFC, said: "We're hugely grateful to Tony and McDonald's for donating a new kit for our under 10s and 11s teams.

"An average team strip costs around £500 per season, so this

really is a huge saving for us and means we can spend the money on other areas of the club that need it.

"The kids are all really excited about wearing their new strip.

"It's already helped to create a sense of unity and team spirit and

I'm sure this will go a long way towards helping us to have a successful season."

To find out more about how McDonald's and the FA support community football, visit www.mcdonalds.co.uk/Better-Play.

Darts results

HARLOW PREMIER DARTS LEAGUE: Team KO quarter-finals: White Admiral 5 (Dave Galoway 180), Colt Hatch Social 0; Tye Green Foxes 3, Sawbridgeworth Brewery 5; Green Link 4, Moot House 5; Servo Link 5, Tye Green Pirates 2.



Penguins hit **top** form for Essex medals feast

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Praise as Rams lock shows **age** is no barrier

Page 50

Chapman makes his Marc

HAWKS boss Danny Chapman has swooped for Burnham Ramblers skipper and centre-half Marc Gorbell.

The 23-year-old defender impressed Chapman when the two sides met at The Harlow Arena 12 days ago, and could make his debut at Thurrock in

Ryman North this Saturday.

The Harlow Town boss said: "Not many people can out-jump Leon Antoine on a regular basis. A centre-half was what we needed to take us forward."

"We only have Josh [Urquhart] and Sam [Holloway] and we needed some one to come in and

give them competition for places. He's a really good addition to the squad."

James Smith is close to a first team recall after injury.

Chapman knows his side face a huge test against Thurrock. "They have had a blip, but we can't discount them. Their

manager [Mark Stimson] knows what he is doing," Chapman said.

"It's going to be a really hard game and a physical test, but we are now five wins on the bounce and on a good run. They are all big games. We want 12 points minimum from the next five games."



Silver and bronze for athletes

THE step up to senior athletics does not seem to have slowed the progress of Harlow Athletic Club duo Will Marklew and Naomi Harryman.

Both have effortlessly moved from U17 to the first rung of senior athletics, the U20s, and produced fantastic performances at the South East Regional Individual Championships held at the Lee Valley Athletic Centre in North London last weekend.

Naomi (pictured above) was making her first appearance of the season and has endured a winter blighted by injuries.

In fact, her participation was in doubt following another injury scare in the preceding week.

Against that backdrop it was all the more remarkable that the former St Mark's School student leapt 1.65m, to grab a silver medal.

Following on from his recent success in multi events, Will participated in the high jump and shot put as individual disciplines.

A clearance of 1.80m in the high jump was good but did not secure a medal.

However, throwing the 6kg shot for only the second time in competition, Will threw a personal best distance of 12.86m, earning him bronze in the process.

Harlow AC coach Steve Lott said: "It's fantastic to see two talented athletes continue to do so well."

"The step up to seniors doesn't seem to have fazed them as they are both really starting from scratch against older athletes. Many congratulations to them both."

Both youngsters train at Mark Hall Sportscentre, where Harlow AC is based.

CAPE CRUSADER NEEDS EURO JOY

South Africa trip can spark Olympic star Osagie



DIVING AHEAD: Andrew Osagie (centre) with fellow athletes on a winter break in Cape Town

AFTER a disappointing 2014, Harlow's Olympic 800m finalist Andrew Osagie is ready to go down a storm in 2015.

The Harlow Athletic Club member returns tomorrow (Friday) from a winter training camp in Cape Town, South Africa.

And he will hope his injury problems are behind him, as he looks to medal at the European Indoor Championships in Prague in March, before making the Great Britain team for the World Championships in Beijing.

By Alan Scott

alan.scott@hertsexnews.co.uk

His London-based GB coach Craig Winrow told the Star: "It was all going well and then it went rather badly. The combination of Achilles and hamstring [injuries cost Osagie]."

"This affected him when he tried to run fast, he is a rhythm runner so he is reliant on how he is feeling, and something was not

quite right. It was causing him too many problems. We would have expected a bigger year.

"He will have a couple of races before [the GB selection], and if everything progresses he will compete in the [GB] trials."

Osagie is set to compete in Dusseldorf in Germany on January 29, and Russian capital Moscow in the 600m on February 1, as he strives to build up fitness towards the European Indoors.

Winrow knows Osagie is keen to bounce back after a disappoint-

ing 2014.

Former Burnt Mill student Osagie has been suffering pain in his lower back and hamstring, but Winrow hopes he can get back to his best after his disqualification in last year's Commonwealth Games in Scotland.

"He has done quite a lot of training. We are going okay. There have been a few little issues, but he is feeling positive," he said.

After Germany and Russia, if he is fit enough to compete, Osagie will hope to win the trials

at Birmingham in February.

These double up as the British Indoor Championships.

This would earn him selection for the European Indoor Championships in the Czech capital from March 6-8.

Winrow added: "Once he gets back [from South Africa] we will make a decision [on Dusseldorf and Moscow] and whether we do those races. That is the plan. If not, we will carry on training and the focus is the World Championships in August."



The Harlow Arena
Barrows Farm, Off Elizabeth Way
Harlow, Essex CM19 5BE
01279 443196

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